Sewing Mends the Soul

By Laura Claire

Quilt Design by Heidi Pridemore

Quilt 1

Skill Level: Advanced Beginner

Henry Glass & Co., Inc.

facebook

Finished Quilt Size: 53" x 73"

SEWING MENDS THE SOUL Quilt 1
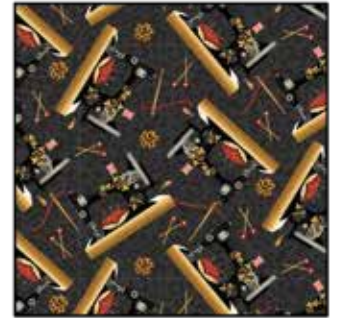
Fabrics in the Collection

Patchwork - Cream
9230-44

Sewing Accessories - White
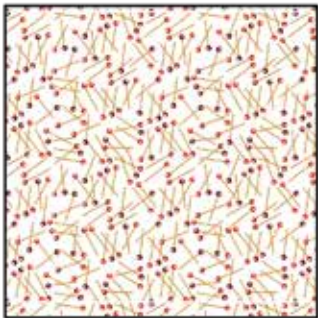9231-1

Border Stripe - Cream
9232-44

Tossed Sewing Machine
Charcoal – 9233-90

Small Dots - Red
9234-88

Set Spool - Red
9235-88

Tossed Allover Pins - White
9236-1

Animal Skin Buttons
Charcoal – 9237-90

Banner Sewing Panel - Cream
9239P-44

Tape Measure - White
9238-1

Select Fabrics from Whimsy Basics and Modern Melody Basics

Whimsy Basics
Cream
8945-44

Whimsy Basics
Black
8945-99

Folio Basics
Pigment White
1063-01W

Materials

1 panel	Banner Sewing Panel - Cream (A)	9239P-44
1 ⅛ yards	Small Dots - Red (B)	9234-88*
1 ⅜ yards	Border Stripe - Cream (C)	9232-44
¼ yard	Tossed Sewing Machine - Charcoal (D)	9233-90
¼ yard	Whimsy Basic - Black (E)	8945-99
⅜ yard	Tape Measure - White (F)	9238-1
¼ yard	Set Spool - Red (G)	9235-88
⅞ yard	Whimsy Basic - Cream (H)	8945-44
1 yard	Modern Melody Basics - Pigment White (I)	1063-01W
¼ yard	Tossed Allover Pins - White (J)	9236-1
⅝ yard	Animal Skin Buttons - Charcoal (K)	9237-90
4 ½ yards	Sewing Accessories - White (Backing)	9231-1

*Includes binding

Cutting Instructions

Please note: all strips are cut across the width of fabric (WOF) from selvage to selvage edge unless otherwise noted.

From the Banner Sewing Panel - Cream (A):
• Fussy cut (1) 22 ½" x 42 ½" WOF strip, centered on the panel.

From the Small Dots - Red (B), cut:
• (2) 2 ½" x 42 ½" WOF strips, piece as needed.
• (2) 2 ½" x 26 ½" WOF strips.
• See instructions to cut (4) Hearts.
• (7) 2 ½" x WOF strips for the binding.

From the Border Stripe - Cream (C), cut:
• (2) 6 ½" x 44 ½" Length of Fabric (LOF) strips.
• (2) 6 ½" x 24 ½" LOF strips.

From the Tossed Sewing Machine - Charcoal (D), cut:
• (1) 6 ½" x WOF strip. Sub-cut (4) 6 ½" squares.

From the Whimsy Basic - Black (E), cut:
• (3) 1" x WOF strips. Sew the strips together end to end with diagonal seams and cut (2) 1" x 56 ½" strips.
• (2) 1" x 37 ½" WOF strips.

From the Tape Measure - White (F), cut:
• (3) 2" x WOF strips. Sew the strips together end to end with diagonal seams and cut (2) 2" x 57 ½" strips.
• (2) 2" x 40 ½" WOF strips.

From the Set Spool - Red (G), cut:
• (2) 3" x WOF strips. Sub-cut (22) 3" squares.

From the Whimsy Basic - Cream (H), cut:
• (13) 1 ¾" x WOF strips. Sub-cut (88) 1 ¾" x 5 ½" strips.

From the Modern Melody Basics - Pigment White (I), cut:
• (8) 1 ¾" x WOF strips. Sub-cut (176) 1 ¾" squares.
• (7) 1 ¾" x WOF strips. Sub-cut (88) 1 ¾" x 3" strips.

From the Tossed Allover Pins - White (J), cut:
• (1) 3" x WOF strip. Sub-cut (11) 3" squares.

From the Animal Skin Buttons - Charcoal (K), cut:
• (1) 3" x WOF strip. Sub-cut (11) 3" squares.
• (4) 2" x WOF strips. Sew the strips together end to end with diagonal seams and cut (2) 2" x 70 ½" strips.
• (3) 2" x WOF strips. Sew the strips together end to end with diagonal seams and cut (2) 2" x 53 ½" strips.

From the Sewing Accessories - White (Backing), cut:
• (2) 81" x WOF strips for the backing. Sew the strips together and trim to make the 61" x 81" back.

Block Assembly

Note: Pay attention to the unit orientations when assembling the various components.

1. Sew (1) 2 ½" x 42 ½" Fabric B strip to each side of the 22 ½" x 42 ½" Fabric A panel. Sew (1) 2 ½" x 26 ½" Fabric B strip to the top and to the bottom of the Fabric A panel. **Trim the block to measure 24 ½" x 44 ½"** to make the Center Block (Fig. 1).

Center Block

B

A

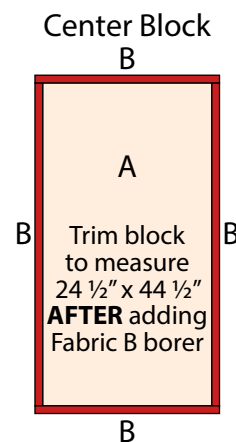B   Trim block to measure 24 ½" x 44 ½" **AFTER** adding Fabric B borer   B

B

Fig. 1

2. Following the manufacturer's instructions, trace the listed number of each template onto the paper side of the fusible web. Roughly cut out each template about 1/8" outside the drawn lines.

3. Press each template onto the wrong side of the fabrics as listed on the templates. Cut out each template on the drawn lines.

4. Refer to Figure 2 to arrange and press (1) Fabric B Heart onto (1) 6 ½" Fabric D square.

5. Finish the raw edges of each shape with a decorative stitch such as a buttonhole or satin stitch to make (1) Block One square (Fig. 2).

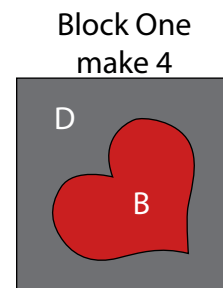6. Repeat Steps 4-5 to make (4) Block One squares total.

Block One make 4

D

B

Fig. 2

7. Place (1) 1 ¾" Fabric I square on the left side of (1) 1 ¾" x 5 ½" Fabric H strip, right sides together (Fig. 3). Sew across the diagonal of the square from the upper left corner to the lower right corner (Fig. 3). Flip open the triangle formed and press (Fig. 4). Trim away the excess fabric from behind the triangle, leaving a ¼" seam allowance.
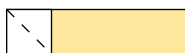
Fig. 3   Fig. 4
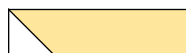
8. Place another 1 ¾" Fabric I square on the right side of the 1 ¾" x 5 ½" Fabric H strip, right sides together (Fig. 5). Sew across the diagonal of the square from the upper right corner to the lower left corner (Fig. 5). Flip open the triangle formed and press. Trim away the excess fabric from behind the triangle, leaving a ¼" seam allowance to make (1) Unit 1 strip (Fig. 6).

9. Repeat Steps 7-8 to make (88) Unit 1 strips total.

Unit 1
make 88
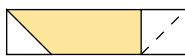
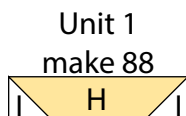Fig. 5   Fig. 6

10. Sew (1) 1 ¾" x 3" Fabric I strip to the top and to the bottom of (1) 3" Fabric G square. Sew (1) Unit 1 strip to each side of the newly sewn strip lengthwise to make (1) Block Two square (Fig. 7). The block should measure 5 ½" square. Repeat to make (22) Block Two squares total.
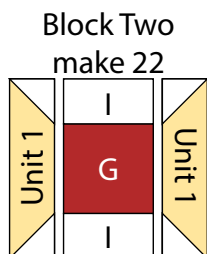
Block Two
make 22

Fig. 7

11. Repeat Step 10 and refer to Figures 8-9 for component identification, placement and orientation to make (11) 5 ½" Block Three squares and (11) 5 ½" Block Four squares.

Block Three
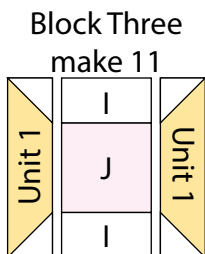**make 11**

Block Four
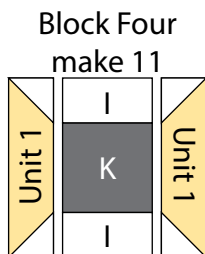**make 11**

Fig. 8   Fig. 9

Quilt Top Assembly
(The arrows in the Quilt Layout represent the fabric print direction. Follow the Quilt Layout while assembling the quilt top.)

12. Sew (1) 6 ½" x 44 ½" Fabric C strip to each side of the Center Block. Sew (1) Block One square to each end of (1) 6 ½" x 24 ½" Fabric C strip. Repeat to make a second strip. Sew the strips to the top and to the bottom of the Center Block.

13. Sew (1) 1" x 56 ½" Fabric E strip to each side of the Center Block. Sew (1) 1" x 37 ½" Fabric E strip to the top and to the bottom of the Center Block.

14. Sew (1) 2" x 57 ½" Fabric F strip to each side of the Center Block. Sew (1) 2" x 40 ½" Fabric F strip to the top and to the bottom of the Center Block.

15. Sew (12) assorted block squares together. Repeat to make a second strip. Sew (1) strip to each side of the Center Block.

16. Sew (10) assorted block squares together. Repeat to make a second strip. Sew the strips to the top and to the bottom of the Center Block.

17. Sew (1) 2" x 70 ½" Fabric K strip to each side of the Center Block. Sew (1) 2" x 53 ½" Fabric K strip to the top and to the bottom of the Center Block to make the quilt top.
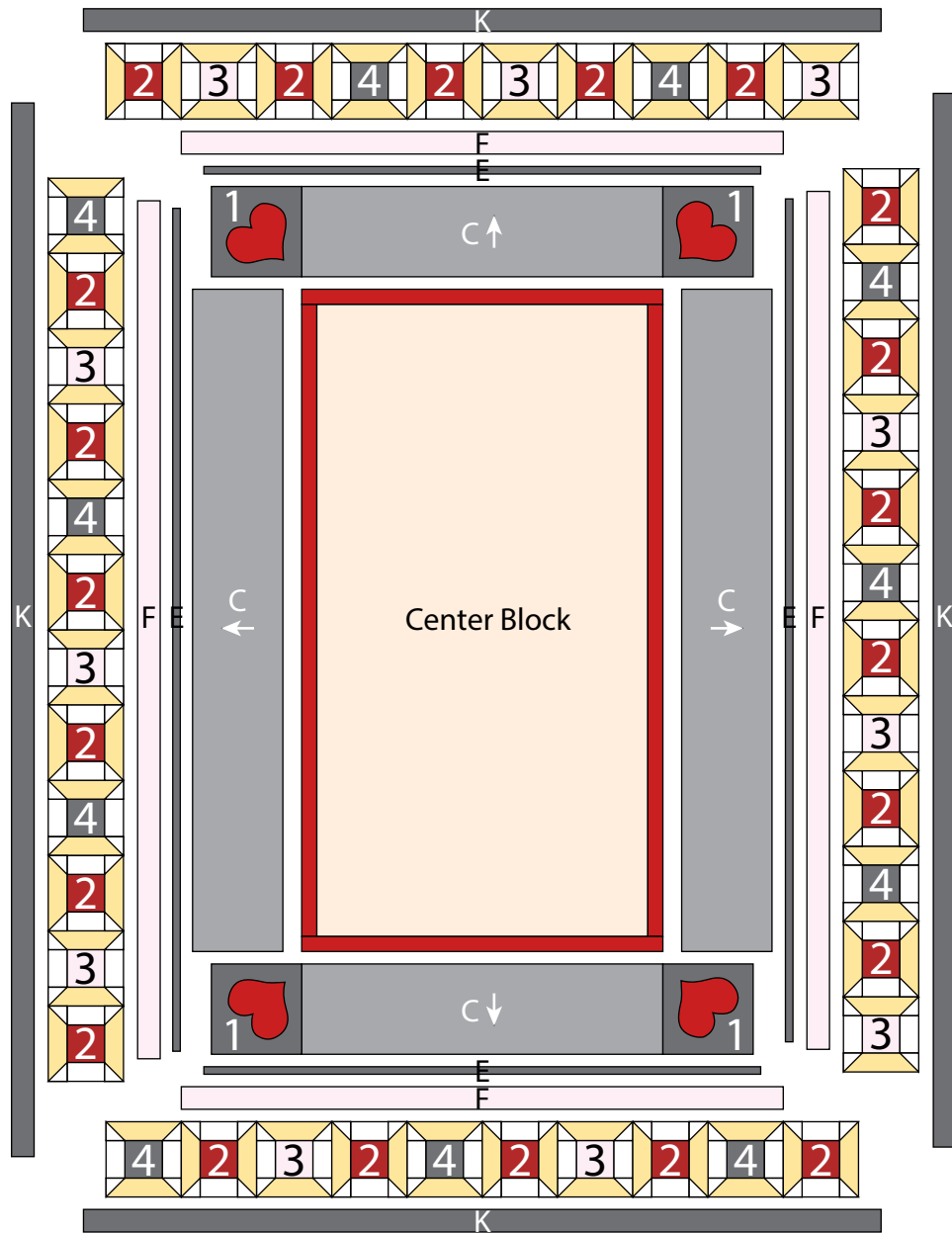
18. Layer and quilt as desired.

19. Sew the (7) 2 ½" x WOF Fabric B strips together, end to end with 45-degree seams, to make the binding. Fold this long strip in half lengthwise with wrong sides together and press.
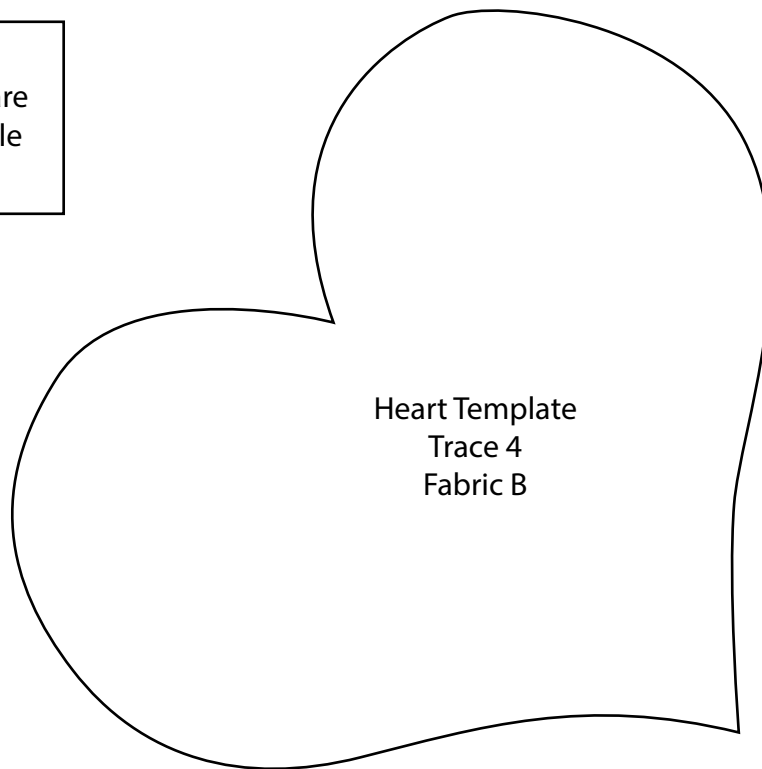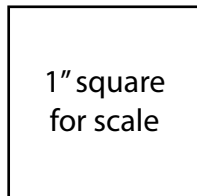
20. Bind as desired.

Quilt Layout

Quilt 1

100% Template

1" square
for scale

Heart Template
Trace 4
Fabric B