

Country Fresh

A Free Project Sheet
NOT FOR RESALE

By Jessica Mundo



Project Design by Heidi Pridemore



Table Set

Skill Level: Advanced Beginner



Henry Glass & Co., Inc.



facebook

Finished Runner Size: 56" x 26"

Finished Place Mat Size: 18" x 12"

49 West 37th Street, New York, NY 10018

tel: 212-686-5194 fax: 212-532-3525

Toll Free: 800-294-9495

www.henryglassfabrics.net

Please check our website for pattern updates before starting this project.

COUNTRY FRESH

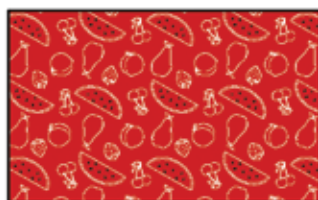
Table Set

Finished Runner Size: 56" x 26"
Finished Place Mat Size: 18" x 12"

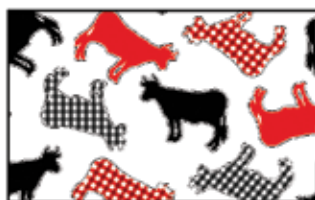
Fabrics in the Collection



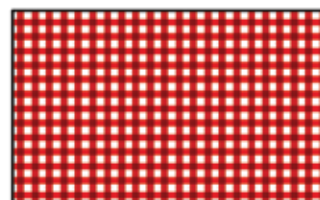
Patchwork
Multi – 9890-89



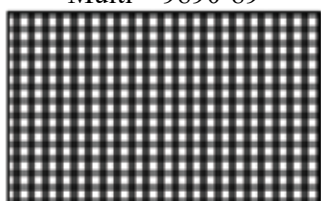
Fruits Outlined
Red – 9891-80



Tossed Cows
Multi – 9892-89



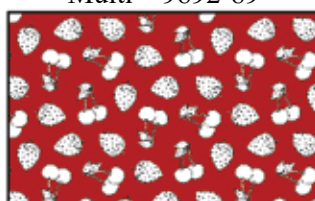
Gingham
Red – 9893-80



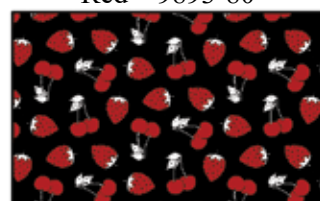
Gingham
Black – 9893-90



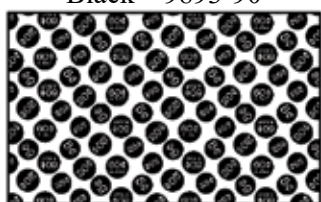
Farm Animals
Black – 9894-90



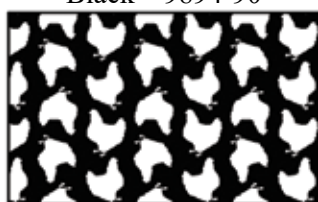
Tossed Fruits
Red – 9895-80



Tossed Fruits
Black – 9895-98



Tossed Price Tags
Black – 9896-90



Tossed Chickens
Black – 9897-90



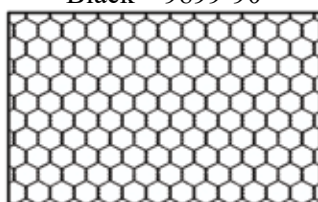
Tossed Vegetables
White – 9898-9



Tossed Watermelon Seeds
Black – 9899-90



Chicken Wire
Pigment White – 9900-01W



Chicken Wire
Black – 9900-9



Border Stripe 4.8 in x 44 in
Multi – 9901-89



10in x 10in Blocks
Multi – 9902-89

Select Fabric from
Modern Melody Basics



Crimson Red
1063-88

Runner Materials

3/8 yard	10in x 10in Blocks - Multi (A)	9902-89
2/3 yard	Fruits Outlined - Red (B)	9891-80*
1/4 yard	Tossed Cows - Multi (C)	9892-89
1/4 yard	Tossed Fruits - Black (D)	9895-98
1/4 yard	Modern Melody Basics - Crimson Red (E)	1063-88
1/8 yard	Gingham - Black (F)	9893-90
1/4 yard	Tossed Vegetables - White (G)	9898-9
1/3 yard	Chicken Wire - Black (H)	9900-9
1 3/4 yards	Border Stripe 4.8 in x 44 in - Multi (I)	9901-89
1/4 yard	Tossed Price Tags - Black (J)	9896-90
1 7/8 yards	Patchwork - Multi (Backing)	9890-89

*Includes binding

Runner Cutting Instructions

Please note: All strips are cut across the width of fabric (WOF) from selvage to selvage edge unless otherwise noted.

From the 10in x 10in Blocks - Multi (A):

- Fussy cut (2) 10 1/2" squares, each centered on a block.

From the Fruits Outlined - Red (B), cut:

- (1) 2" x WOF strip. Sub-cut (4) 2" x 10 1/2" strips.
- (2) 2" x WOF strips. Sub-cut (4) 2" x 13 1/2" strips.
- (5) 2 1/2" x WOF strips for the binding.

From the Tossed Cows - Multi (C), cut:

- (1) 6 1/2" square.

From the Tossed Fruits - Black (D), cut:

- (1) 3 1/2" x WOF strip. Sub-cut (6) 3 1/2" squares.

From the Modern Melody Basics - Crimson Red (E), cut:

- (2) 2" x WOF strips. Sub-cut (24) 2" squares.

From the Gingham - Black (F), cut:

- (1) 2" x WOF strip. Sub-cut (12) 2" x 3 1/2" strips.

From the Tossed Vegetables - White (G), cut:

- (1) 3 1/2" x WOF strip. Sub-cut (4) 3 1/2" squares.

From the Chicken Wire - Black (H), cut:

- (3) 1 1/2" x WOF strips. Sew the strips together end to end with diagonal seams and cut (2) 1 1/2" x 44 1/2" strips.
- (1) 1 1/2" x WOF strip. Sub-cut (2) 1 1/2" x 12 1/2" strips.

From the Border Stripe 4.8 in x 44 in - Multi (I), cut:

- (2) 6 1/2" x 60" Length of Fabric (LOF) strips.
- (2) 6 1/2" x 30" LOF strips.

From the Tossed Price Tags - Black (J), cut:

- (1) 3 1/2" x WOF strip. Sub-cut (4) 3 1/2" squares.

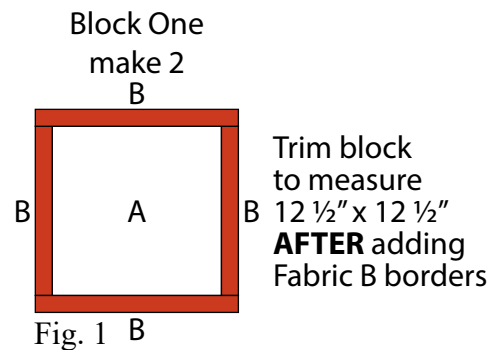
From the Patchwork - Multi (Backing), cut:

- (1) 64" x WOF strip. Trim to make the 64" x 34" back.

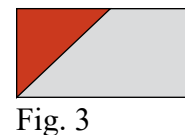
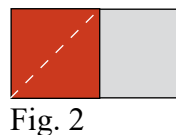
Runner Block Assembly

Note: The arrows in figures represent the fabric print direction. Pay attention to the fabric and unit orientations when assembling the various components. Use a 1/4" seam allowance with right sides together (RST) unless otherwise noted.

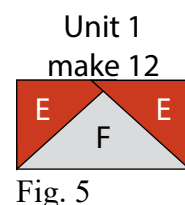
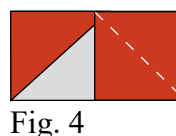
- Sew (1) 2" x 10 1/2" Fabric B strip to each side of (1) 10 1/2" Fabric A square. Sew (1) 2" x 13 1/2" Fabric B strip to the top and to the bottom of the Fabric A square to make (1) Block One square (Fig. 1). **Trim the block to measure 12 1/2" x 12 1/2"**. Repeat to make a second Block One square.



- Place (1) 2" Fabric E square on the left side of (1) 2" x 3 1/2" Fabric F strip, right sides together (Fig. 2). Sew across the diagonal of the square from the upper right corner to the lower left corner (Fig. 2). Flip open the triangle formed and press. Trim away the excess fabric from behind the triangle, leaving a 1/4" seam allowance (Fig. 3).



- Place another 2" Fabric E square on the right side of the 2" x 3 1/2" Fabric F strip, right sides together (Fig. 4). Sew across the diagonal of the square from the upper left corner to the lower right corner (Fig. 4). Flip open the triangle formed and press. Trim away the excess fabric from behind the triangle, leaving a 1/4" seam allowance to make (1) Unit 1 strip (Fig. 5).



- Repeat Steps 2-3 to make (12) Unit 1 strips total.

5. Sew (1) Unit 1 strip to the top and to the bottom of (1) 3 1/2" Fabric D square to make (1) Unit 2 strip (Fig. 6). Repeat to make (6) Unit 2 strips total.

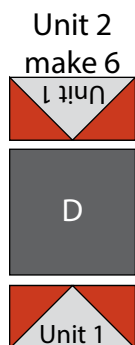


Fig. 6

6. Sew (1) 3 1/2" Fabric J square to the top and to the bottom of (1) Unit 2 strip to make (1) Block Two strip (Fig. 7). Repeat to make a second Block Two strip.

Block Two
make 2

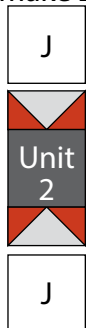


Fig. 7

7. Sew (1) 3 1/2" Fabric G square to each end of (1) Unit 2 strip to make the top row. Repeat to make the bottom row. Sew (1) Unit 2 strip to each side of (1) 6 1/2" Fabric C square to make the middle row. Sew the (3) rows together lengthwise to make (1) 12 1/2" Block Three square (Fig. 8).

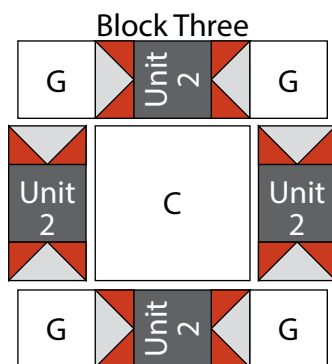


Fig. 8

8. Sew together (1) Block Two strip, (1) Block One square, (1) Block Three square, (1) Block One square and (1) Block Two strip, in that order from left to right, to make the Center Block (Fig. 9).

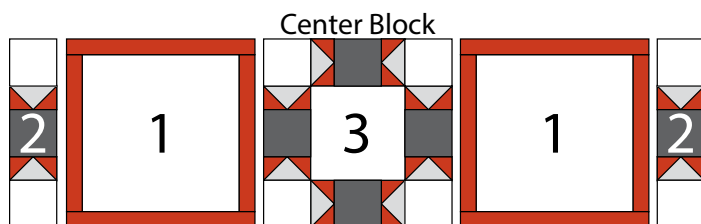


Fig. 9

Runner Assembly

(Follow the Runner Layout in Figure 11 while assembling the runner.)

9. Sew (1) 1 1/2" x 12 1/2" Fabric H strip to each side of the Center Block. Sew (1) 1 1/2" x 44 1/2" Fabric H strip to the top and to the bottom of the Center Block.

10. Center (1) 6 1/2" x 30" Fabric I strip on (1) side of the Center Block and pin in place. Start sewing the strip a 1/4" from the top edge of the block and stop a 1/4" from the bottom edge. **DO NOT TRIM THE EXCESS.** Repeat with the opposite side.

11. Repeat Step 10 to sew (1) 6 1/2" x 60" Fabric I strip to the top and to the bottom of the Center Block, making sure to stop and start 1/4" away from each end of the block. To miter each corner, fold the Center Block on a diagonal, wrong side together. This should line up the strips from adjacent sides (Fig. 10).

12. Starting at the sewn seam (represented by the arrow in Figure 10), draw a 45-degree line to the edge of the fabric. Sew on the drawn line. Trim the excess fabric leaving a 1/4" seam. Repeat this step with the remaining corners to make the runner top.

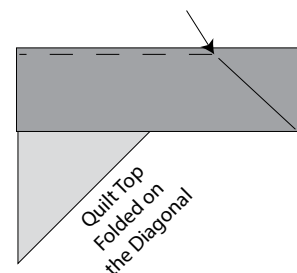


Fig. 10

13. Layer and quilt as desired.

14. Sew the (5) 2 1/2" x WOF Fabric B strips together, end to end with 45-degree seams, to make the binding. Fold this long strip in half lengthwise with wrong sides together and press.

15. Bind as desired.

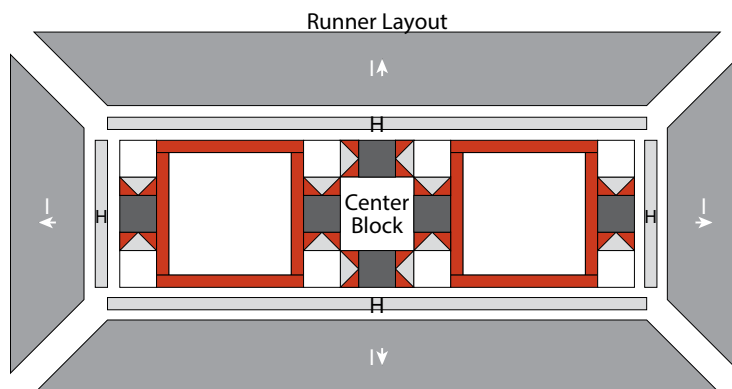


Fig. 11

Place Mat Materials (makes 4)

2/3 yard	10in x 10in Blocks - Multi (A)	9902-89
7/8 yard	Fruits Outlined - Red (B)	9891-80*
1/4 yard	Tossed Fruits - Black (C)	9895-98
1/4 yard	Gingham - Black (D)	9893-90
1/4 yard	Modern Melody Basics - Crimson Red (E)	1063-88
1/4 yard	Tossed Price Tags - Black (F)	9896-90
1 3/8 yards	Patchwork - Multi (Backing)	9890-89

*Includes binding

Place Mat Cutting Instructions

Please note: All strips are cut across the width of fabric (WOF) from selvage to selvage edge unless otherwise noted.

From the 10in x 10in Blocks - Multi (A):

- Fussy cut (4) 10 1/2" squares, each centered on a block.

From the Fruits Outlined - Red (B), cut:

- (2) 2" x WOF strips. Sub-cut (8) 2" x 10 1/2" strips.
- (3) 2" x WOF strips. Sub-cut (8) 2" x 13 1/2" strips.
- (7) 2 1/2" x WOF strips for the binding.

From the Tossed Fruits - Black (C), cut:

- (1) 3 1/2" x WOF strip. Sub-cut (8) 3 1/2" squares.

From the Gingham - Black (D), cut:

- (2) 2" x WOF strips. Sub-cut (16) 2" x 3 1/2" strips.

From the Modern Melody Basics - Crimson Red (E), cut:

- (2) 2" x WOF strips. Sub-cut (32) 2" squares.

From the Tossed Price Tags - Black (F), cut:

- (2) 3 1/2" x WOF strips. Sub-cut (16) 3 1/2" squares.

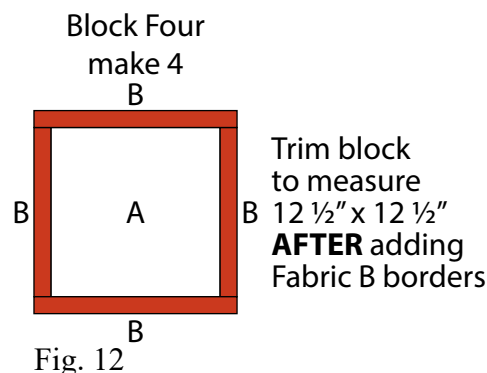
From the Patchwork - Multi (Backing), cut:

- (2) 22" x WOF strips. Sub-cut (4) 22" x 16" strips.

Place Mat Block Assembly

Note: The arrows in figures represent the fabric print direction. Pay attention to the fabric and unit orientations when assembling the various components. Use a 1/4" seam allowance with right sides together (RST) unless otherwise noted.

16. Sew (1) 2" x 10 1/2" Fabric B strip to each side of (1) 10 1/2" Fabric A square. Sew (1) 2" x 13 1/2" Fabric B strip to the top and to the bottom of the Fabric A square to make (1) Block Four square (Fig. 12). **Trim the block to measure 12 1/2" x 12 1/2"**. Repeat to make (4) Block Four squares total.



17. Place (1) 2" Fabric E square on the left side of (1) 2" x 3 1/2" Fabric D strip, right sides together (Fig. 13). Sew across the diagonal of the square from the upper right corner to the lower left corner (Fig. 13). Flip open the triangle formed and press. Trim away the excess fabric from behind the triangle, leaving a 1/4" seam allowance (Fig. 14).



Fig. 13

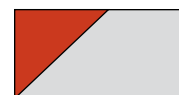


Fig. 14

18. Place another 2" Fabric E square on the right side of the 2" x 3 1/2" Fabric D strip, right sides together (Fig. 15). Sew across the diagonal of the square from the upper left corner to the lower right corner (Fig. 15). Flip open the triangle formed and press. Trim away the excess fabric from behind the triangle, leaving a 1/4" seam allowance to make (1) Unit 3 strip (Fig. 16).

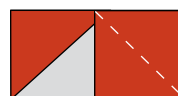


Fig. 15

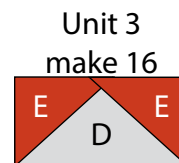


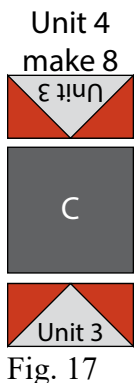
Fig. 16

19. Repeat Steps 17-18 to make (16) Unit 3 strips total.

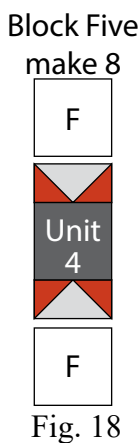
COUNTRY FRESH

Table Set

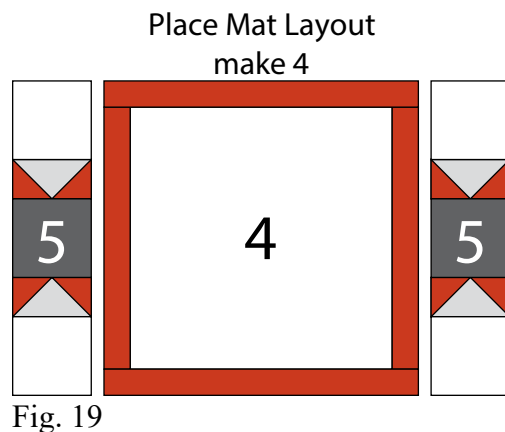
20. Sew (1) Unit 3 strip to the top and to the bottom of (1) 3 ½" Fabric C square to make (1) Unit 4 strip (Fig. 17). Repeat to make (8) Unit 4 strips total.



21. Sew (1) 3 ½" Fabric F square to the top and to the bottom of (1) Unit 4 strip to make (1) Block Five strip (Fig. 18). Repeat to make (8) Block Five strips total.



22. Sew (1) Block Five strip to each side of (1) Block Four square to make (1) Place Mat top (Fig. 19). Repeat to make (4) Place Mat tops total.



23. Layer and quilt as desired.

24. Sew the (7) 2 ½" x WOF Fabric B strips together, end to end with 45-degree seams, to make the binding. Fold this long strip in half lengthwise with wrong sides together and press.

25. Bind as desired.

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