

# TWEETS AND TREATS

• A Free Project Sheet •  
• NOT FOR RESALE •

*By Bella Coco Studios*

Quilt Design by Heidi Pridemore



Quilt 1

Skill Level: Advanced Beginner



Henry Glass & Co., Inc.



facebook

Finished Quilt Size: 70" x 90"

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Quilt 1

Finished Quilt Size: 70" x 90"

## Fabrics in the Collection



Flower Toss  
Sky Blue – 3001-17



Flower Toss  
Pink – 3001-22



Patchwork  
Sky Blue – 3002-17



Polka Dots  
Sky Blue – 3003-17



Polka Dots  
Pink – 3003-22



Tossed Treats  
Cream – 3004-33



Macaroons  
Cream – 3005-33



Tea Time Toss  
Pink – 3006-22



Swirls  
Pink – 3007-22



Swirls  
Mint – 3007-76



Blocks  
Mint – 3008-76



Cupboard  
Pink – 3009-22



Border Stripe  
Mint – 3010-76

Select Fabric  
from Folio Basics



Off White  
7755-04



Panel 24" x 44"  
Cream – 3011P-33

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## Materials

1 panel	Panel 24" x 44" - Cream (A)	3011P-33
$\frac{2}{3}$ yard	Swirls - Pink (B)	3007-22
1 $\frac{1}{8}$ yards	Polka Dots - Sky Blue (C)	3003-17
$\frac{1}{3}$ yard	Flower Toss - Sky Blue (D)	3001-17
$\frac{1}{3}$ yard	Tea Time Toss - Pink (E)	3006-22
$\frac{1}{4}$ yard	Macaroons - Cream (F)	3005-33
$\frac{7}{8}$ yard	Polka Dots - Pink (G)	3003-22*
1 $\frac{1}{8}$ yards	Folio - Off White (H)	7755-04
2 $\frac{3}{4}$ yards	Border Stripe - Mint (I)	3010-76
$\frac{1}{3}$ yard	Tossed Treats - Cream (J)	3004-33
5 $\frac{1}{2}$ yards	Patchwork - Sky Blue (Backing)	3002-17

\*Includes binding

## Cutting Instructions

*Please note: All strips are cut across the width of fabric (WOF) from selvage to selvage edge unless otherwise noted.*

### From the Panel 24" x 44" - Cream (A):

- Fussy cut (1) 22  $\frac{1}{2}$ " x 42  $\frac{1}{2}$ " rectangle, centered on the panel.

### From the Swirls - Pink (B), cut:

- (2) 2" x 42  $\frac{1}{2}$ " WOF strips, piece as needed.
- (2) 2" x 25  $\frac{1}{2}$ " x WOF strips.
- (2) 1  $\frac{1}{4}$ " x WOF strips. Sub-cut (8) 1  $\frac{1}{4}$ " x 8" strips.
- (2) 1  $\frac{1}{4}$ " x WOF strips. Sub-cut (8) 1  $\frac{1}{4}$ " x 9" strips.
- (4) 1  $\frac{1}{4}$ " x WOF strips. Sub-cut (16) 1  $\frac{1}{4}$ " x 9  $\frac{1}{2}$ " strips.

### From the Polka Dots - Sky Blue (C), cut:

- (2) 4  $\frac{1}{4}$ " x WOF strips. Sub-cut (10) 4  $\frac{1}{4}$ " squares. Cut the squares across both diagonals to make (40) 4  $\frac{1}{4}$ " triangles.
- (4) 2" x WOF strips. Sew the strips together end to end with diagonal seams and cut (2) 2" x 65  $\frac{1}{2}$ " strips.
- (3) 2" x WOF strips. Sew the strips together end to end with diagonal seams and cut (2) 2" x 48  $\frac{1}{2}$ " strips.
- (3) 2" x WOF strips. Sew the strips together end to end with diagonal seams and cut (2) 2" x 44  $\frac{1}{2}$ " strips.
- (2) 2" x 27  $\frac{1}{2}$ " WOF strips.
- (1) 1  $\frac{1}{4}$ " x WOF strip. Sub-cut (4) 1  $\frac{1}{4}$ " x 8" strips.
- (1) 1  $\frac{1}{4}$ " x WOF strip. Sub-cut (4) 1  $\frac{1}{4}$ " x 9  $\frac{1}{2}$ " strips.

### From the Flower Toss - Sky Blue (D), cut:

- (1) 8" x WOF strip. Sub-cut (4) 8" squares.

### From the Tea Time Toss - Pink (E), cut:

- (1) 8" x WOF strip. Sub-cut (2) 8" squares.

### From the Macaroons - Cream (F), cut:

- (1) 3  $\frac{1}{2}$ " x WOF strip. Sub-cut (10) 3  $\frac{1}{2}$ " squares.

### From the Polka Dots - Pink (G), cut:

- (2) 3  $\frac{7}{8}$ " x WOF strips. Sub-cut (20) 3  $\frac{7}{8}$ " squares. Cut the squares across (1) diagonal to make (40) 3  $\frac{7}{8}$ " triangles.
- (8) 2  $\frac{1}{2}$ " x WOF strips for the binding.

### From the Folio - Off White (H), cut:

- (2) 4  $\frac{1}{4}$ " x WOF strips. Sub-cut (10) 4  $\frac{1}{4}$ " squares. Cut the squares across both diagonals to make (40) 4  $\frac{1}{4}$ " triangles.
- (4) 3  $\frac{1}{2}$ " x WOF strips. Sub-cut (40) 3  $\frac{1}{2}$ " squares.
- (4) 2" x WOF strips. Sew the strips together end to end with diagonal seams and cut (2) 2" x 68  $\frac{1}{2}$ " strips.
- (3) 2" x WOF strips. Sew the strips together end to end with diagonal seams and cut (2) 2" x 51  $\frac{1}{2}$ " strips.

### From the Border Stripe - Mint (I), cut:

- (2) 10" x 94" Length of Fabric (LOF) strips.
- (2) 10" x 74" LOF strips.

### From the Tossed Treats - Cream (J), cut:

- (1) 9" x WOF strip. Sub-cut (4) 9" x 8" strips.

### From the Patchwork - Sky Blue (Backing), cut:

- (2) 98" x WOF strips for the backing. Sew the strips together and trim to make the 78" x 98" back.

## Block Assembly

*Note: The arrows in figures represent the fabric print direction. Pay attention to the fabric and unit orientations when assembling the various components. Use a  $\frac{1}{4}$ " seam allowance with right sides together (RST) unless otherwise noted.*

1. Sew (1) 2" x 42  $\frac{1}{2}$ " Fabric B strip to each side of the 22  $\frac{1}{2}$ " x 42  $\frac{1}{2}$ " Fabric A rectangle. Sew (1) 2" x 25  $\frac{1}{2}$ " Fabric B strip to the top and to the bottom of the Fabric A rectangle to make the Center Block (Fig. 1). **Trim the block to measure 24  $\frac{1}{2}$ " x 44  $\frac{1}{2}$ ".**

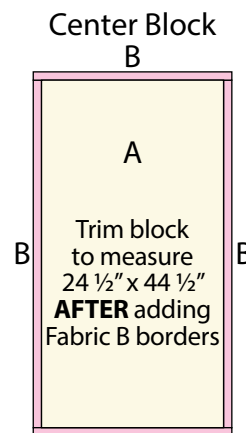


Fig. 1 B

2. Sew (1) 1  $\frac{1}{4}$ " x 8" Fabric B strip to each side of (1) 8" Fabric D square. Sew (1) 1  $\frac{1}{4}$ " x 9  $\frac{1}{2}$ " Fabric B strip to the top and to the bottom of the Fabric E square to make (1) 9  $\frac{1}{2}$ " Block One square (Fig. 2). Repeat to make (4) Block One squares total.

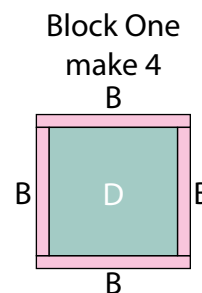


Fig. 2

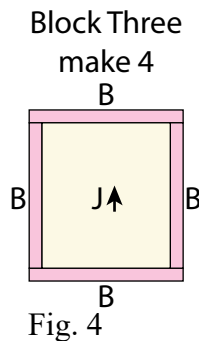
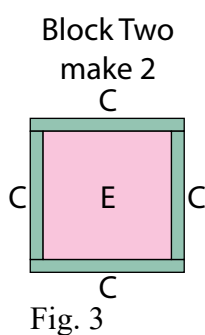
# TWEETS AND TREATS

## Quilt 1

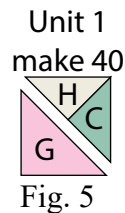
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3. Sew (1)  $1\frac{1}{4}$ " x 8" Fabric C strip to each side of (1) 8" Fabric E square. Sew (1)  $1\frac{1}{4}$ " x  $9\frac{1}{2}$ " Fabric C strip to the top and to the bottom of the Fabric E square to make (1)  $9\frac{1}{2}$ " Block Two square (Fig. 3). Repeat to make a second Block Two square.

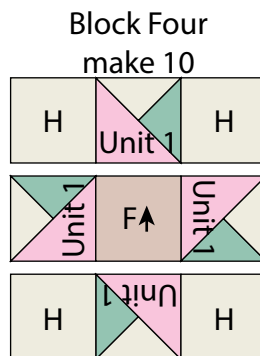
4. Sew (1)  $1\frac{1}{4}$ " x 9" Fabric B strip to each side of (1) 8" x 9" Fabric J strip. Sew (1)  $1\frac{1}{4}$ " x  $9\frac{1}{2}$ " Fabric B strip to the top and to the bottom of the Fabric J strip to make (1)  $9\frac{1}{2}$ " x  $10\frac{1}{2}$ " Block Three rectangle (Fig. 4). Repeat to make (4) Block Three rectangles total.



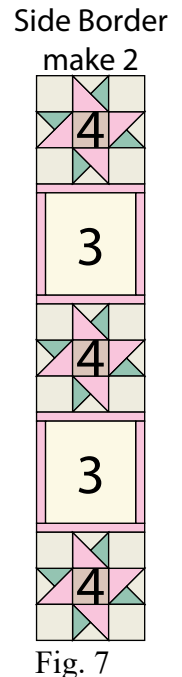
5. Sew together (1)  $4\frac{1}{4}$ " Fabric C triangle and (1)  $4\frac{1}{4}$ " Fabric H triangle along short sides. Sew (1)  $3\frac{7}{8}$ " Fabric G triangle to the long side of the newly sewn triangle to make (1)  $3\frac{1}{2}$ " Unit 1 square (Fig. 5). Repeat to make (40) Unit 1 squares total.



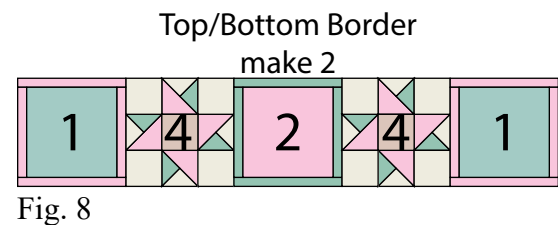
6. Sew (1)  $3\frac{1}{2}$ " Fabric H square to each side of (1) Unit 1 square to make the top row. Repeat to make the bottom row. Sew (1) Unit 1 square to each side of (1)  $3\frac{1}{2}$ " Fabric F square to make the middle row. Sew together the (3) rows lengthwise to make (1)  $9\frac{1}{2}$ " Block Four square (Fig. 6). Repeat to make (10) Block Four squares total.



7. Sew together (3) Block Four squares and (2) Block Two squares, alternating them from top to bottom, to make (1) Side Border (Fig. 7). Repeat to make a second Side Border.



8. Sew together (1) Block One square, (1) Block Four square, (1) Block Two square, (1) Block Four square and (1) Block One square, in that order from left to right, to make the Top Border (Fig. 8). Repeat to make the Bottom Border.



### Quilt Top Assembly

*(Follow the Quilt Layout while assembling the quilt top.)*

9. Sew (1)  $2$ " x  $44\frac{1}{2}$ " Fabric C strip to each side of the Center Block. Sew (1)  $2$ " x  $27\frac{1}{2}$ " Fabric C strip to the top and to the bottom of the Center Block.

10. Sew (1) Side Border to each side of the Center Block.

11. Sew the Top Border and Bottom Border to the top and to the bottom of the Center Block.

12. Sew (1)  $2$ " x  $65\frac{1}{2}$ " Fabric C strip to each side of the Center Block. Sew (1)  $2$ " x  $48\frac{1}{2}$ " Fabric C strip to the top and to the bottom of the Center Block.

13. Sew (1)  $2$ " x  $68\frac{1}{2}$ " Fabric H strip to each side of the Center Block. Sew (1)  $2$ " x  $51\frac{1}{2}$ " Fabric H strip to the top and to the bottom of the Center Block.

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14. Center (1) 10" x 94" Fabric I strip on (1) side of the Center Block and pin in place. Start sewing the strip a ¼" from the top edge of the block and stop a ¼" from the bottom edge. **DO NOT TRIM THE EXCESS.** Repeat with the opposite side.

15. Repeat Step 14 to sew (1) 10" x 74" Fabric I strip to the top and to the bottom of the Center Block, making sure to stop and start ¼" away from each end of the block. To miter each corner, fold the Center Block on a diagonal, wrong side together. This should line up the strips from adjacent sides (Fig. 9).

16. Starting at the sewn seam (represented by the arrow in Figure 9), draw a 45-degree line to the edge of the fabric. Sew on the drawn line. Trim the excess fabric leaving a ¼" seam. Repeat this step with the remaining corners to make the quilt top.

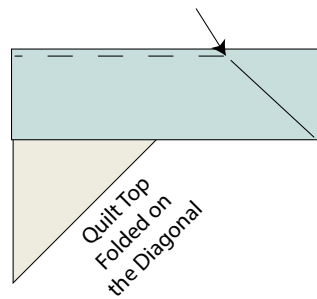
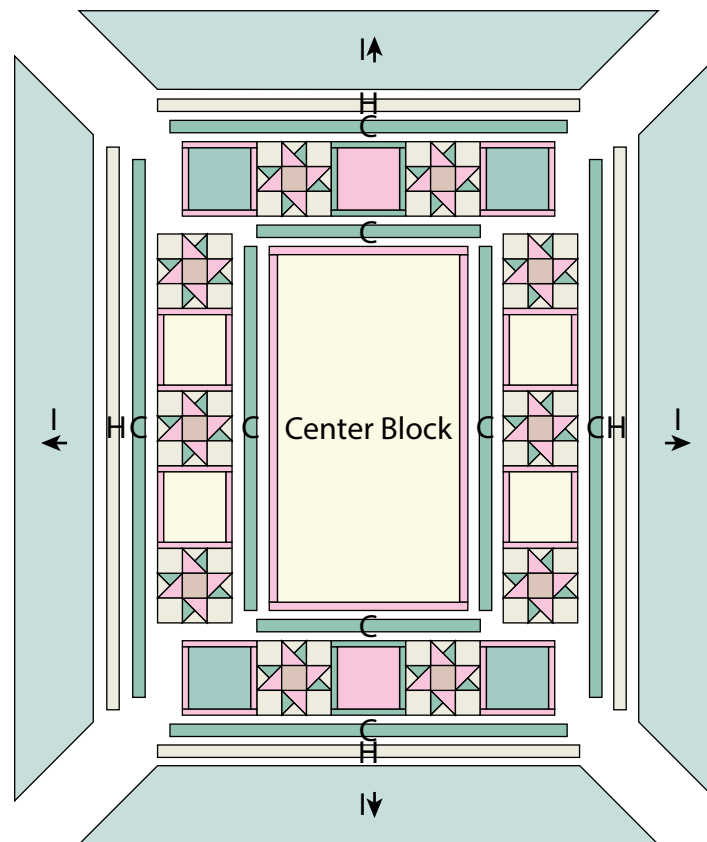


Fig. 9

17. Layer and quilt as desired.

18. Sew the (8) 2 ½" x WOF Fabric G strips together, end to end with 45-degree seams, to make the binding. Fold this long strip in half lengthwise with wrong sides together and press.

19. Bind as desired.



Quilt Layout

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