

Sunflower Wreath

Fabric Requirements

Flannel

- 1/2 Yard White Tweed F226-40
- 1/8 Yard Black Plaid F227-99
- 3/8 Yard Black/Gray Gingham F228-99
- 1 Yard Black Houndstooth F225-99
- 1/8 Yard Gold Houndstooth F225-44
- 1/8 Yard Gray Tweed F226-90
- 1/8 Yard Gold Tweed F226-44

Wool

- 6" x 9" Dark Gold (Sunflower Petals)
- 6" x 7" Sage (Leaves)
- 5" x 8" White (Flower, Petals)
- 5" x 7" Golden Yellow (Sunflower Petals)
- 4" x 4" Brown (Sunflower Centers)
- 3" x 3" Black (Bow pieces)

Helpful Items

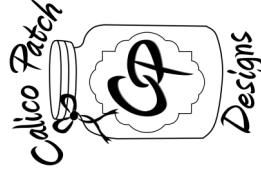
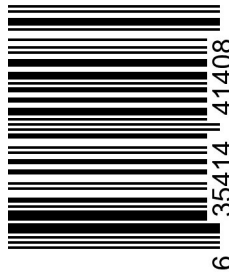
- Lite Steam-A-Seam2 Fusible
- Sulky Tear Easy Stabilizer
- Applique Pressing Sheet

WonderFil Eleganza™

8wt, Egyptian Cotton Thread
Black, Deep Foliage- 124, Sandstone -126,
Radiant Gold- 204, Nutmeg- 426, Cats Cream- 904

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Matthew 5:16



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Calico Patch Designs



Sunflower Wreath

26" x 26"

Featuring Bee Humble Flannel &
Premium Wool from



CP 408

Sunflower Wreath

26" x 26"

By Vicki McCarty, Calico Patch Designs

General Directions : Please read all instructions before beginning. All Seams are 1/4" unless otherwise noted. Applique patterns are drawn in reverse and to save space some may be nested within others. (WOF) is Width of Fabric. Diagrams may not be to scale.

Cutting Directions :

White Tweed

- 1- $2\frac{3}{4}" \times 22\frac{1}{2}"$
- 3- $2\frac{3}{4}" \times 10\frac{3}{8}"$
- 3- $2\frac{3}{4}" \times 6"$
- 7- $2\frac{3}{4}" \times 3\frac{3}{4}"$
- 2- $1\frac{5}{8}" \times 2\frac{3}{4}"$
- 1- $7\frac{1}{8}"$ Square
- 6- $4\frac{3}{4}"$ Square
- 2- $2\frac{3}{4}"$ Square
- 1- $7\frac{5}{8}" \times 12\frac{5}{8}"$

Black Plaid

- 3- $4\frac{3}{4}"$ Square

Gray Tweed

- 3- $2\frac{3}{4}"$ Square

Black Houndstooth

- 4- $1" \times 22\frac{1}{2}"$
- 4- $2\frac{1}{2}" \times \text{WOF}$ For Binding

Gold Houndstooth

- 3- $4\frac{3}{4}"$ Square
- 4- $2\frac{1}{2}"$ Square

Gold Tweed

- 3- $2\frac{3}{4}"$ Square

Black/Gray Gingham

- 4- $2\frac{1}{2}" \times 22\frac{1}{2}"$
- 1- $6"$ Square (for Applique Bow)



Sewing Directions :

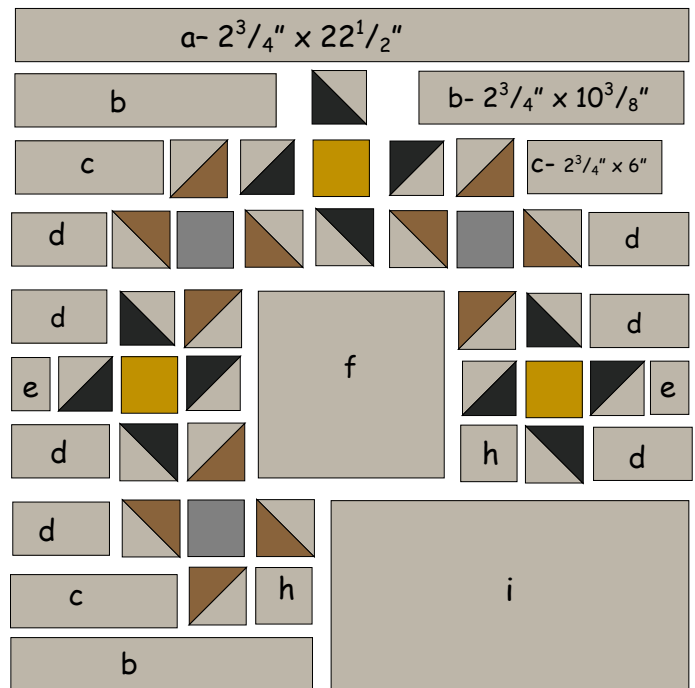
Pair together a $4\frac{3}{4}"$ white tweed square (g) and a black plaid $4\frac{3}{4}"$ square with right sides together. Sew a scant quarter inch seam all the way around the outside of the block. Cut diagonally from each corner to opposite corner to make four white and black Half Square Triangles (HST). Press to the dark and trim to $2\frac{3}{4}"$. Repeat to make 12 HST.

Repeat process with a $4\frac{3}{4}"$ white tweed squares (g) and the Gold Houndstooth a $4\frac{3}{4}"$ squares to make 12 white and gold HST.

Lay out piece as shown. Sew into rows. Sew rows left and right of piece (f) into rows and then into a section. Sew the sections to (f) to make a row. Sew the pieces left of piece (i) into rows and sew rows together. Sew the section to piece (i). Sew all rows together. Press in opposite directions.

Trace the applique patterns onto fusible web and cut loosely around each piece. Iron the fusible to the wrong side of the wool (and flannel for Bow) and press. Cut out appliques on the drawn line. Remove paper if fusible has paper backing. Create a full size placement pattern by folding page 3 on the dashed line and taping to the dashed line on page 2. Cover the placement pattern with an applique pressing sheet. Arrange the applique pieces on the pressing sheet by aligning with the placement pattern. Place the farthest piece down first to build the applique piece. Fuse the smaller pieces together into a larger more manageable piece. Press with hot iron and steam if your fusible calls for it. Let cool completely and peel the appliques off pressing sheet. This offers easy placement onto the background and allows for small adjustments

before fusing to the background. Position the appliques onto the quilt using the cover photo and covering the area where a 7th star would be in the wreath. Stitch a blanket or other decorative stitch around all the applique pieces. Use 8 weight WonderFil Pearl Cotton threads: Deep Foliage- 124 for the leaves and stems, Radiant Gold- 204 on the sunflowers large white flower centers, Nutmeg- 426 on the sunflower centers, Black on the bow, Cats Cream- 904 on the white flowers and petals.



Applique Placement Pattern *Sewing Directions Continued :*

Fold on the dashed line on page 3 and tape to dashed line.

The placement pattern shows embroidery detail in blue lines to indicate the decorative stitches and green dots for colonial knots. Lay placement pattern on a light table and cover with a piece of Sulky Tear Away Stabilizer. Trace the blue stitching lines. Find the proper placement on the project and pin the stabilizer on top of the applique. Pin from the back to keep the thread from getting caught on the pins if hand stitching. Stitch on the traced lines using and chain stitch for the stems with and an outline stitch for veins on the leaves with Deep Foliage- 124, Sandstone - 126 and a star stitch on the white flowers and petals and an outline Black thread for the sunflower centers. Tight stitches will perforate the stabilizer making it easy to remove from the project. If needed, trim quilt to $22\frac{1}{2}$ " Square.

Fold each $1" \times 22\frac{1}{2}"$ Black Houndstooth strips in half with wrong sides together. Press to create a $\frac{1}{2}"$ flanges. Match the raw edges of a flange with a raw edge of one side of the block. Baste with a scant $\frac{1}{4}"$ seam. Repeat process to add a flange to the remaining side, top and bottom of the square.

Sew a Black/Gray Gingham $2\frac{1}{2}" \times 22\frac{1}{2}"$ to each side of the quilt. Sew a Gold Houndstooth $2\frac{1}{2}"$ square to each end of the two remaining Black/Gray Gingham $2\frac{1}{2}" \times 22\frac{1}{2}"$ strips. Sew one to the top and one to the bottom of the quilt.

Quilt as desired. Bind with the Black Houndstooth. Enjoy!



Applique Placement Pattern



Fold on the dashed line
and tape to dashed line
on page 2.

