

# Sew, Sleep, Repeat!

• A Free Project Sheet •  
• NOT FOR RESALE •

By Delphine Cubitt

Quilt Design by Heidi Pridemore



Quilt 1

Skill Level: Intermediate

 Henry Glass & Co., Inc.



facebook

Finished Quilt Size: 56" x 69"  
(142.24cm x 175.26 cm)

49 West 37th Street, New York, NY 10018

tel: 212-686-5194 fax: 212-532-3525

Toll Free: 800-294-9495

[www.henryglassfabrics.net](http://www.henryglassfabrics.net)

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Quilt 1

Finished Quilt Size: 56" x 69"  
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## Fabrics in the Collection



Patchwork  
Multi – 1042-87



Packed Buttons  
Multi – 1043-78



Sewing Supplies  
Gray/Multi – 1044-17



Tossed Scissors and Swatches  
Fuchsia/Multi – 1045-87



Tossed Spools  
Black/Multi – 1046-97



Tossed Sewing Machines  
White/Multi – 1047-07



Tossed Sewing Supplies  
Black/Multi – 1048-97



Dots  
White/Multi – 1049-07



Tossed Pin Cushion  
Fuchsia/Multi – 1050-87



Ric-Rac  
White/Multi – 1051-07



Border Stripe  
Multi – 1052-87



9.6 in x 9.6 in Blocks  
Multi – 1053-87

## Select Fabrics from Modern Melody Basics & Folio Basics



Modern Melody Basics  
Black  
1063-99



Folio Basics  
White on White  
7755-01



Folio Basics  
Jade  
7755-61

### Materials

2/3 yard (0.61 m)	9.6 in x 9.6 in Blocks - Multi (A)	1053-87
1 1/8 yards (1.03 m)	Folio Basics - Jade (B)	7755-61*
5/8 yard (0.58 m)	Dots - White/Multi (C)	1049-07
7/8 yard (0.81 m)	Folio Basics - White on White (D)	7755-01
1/2 yard (0.46 m)	Patchwork - Multi (E)	1042-87
3/8 yard (0.35 m)	Modern Melody Basics - Black (F)	1063-99
5/8 yard (0.58 m)	Ric-Rac - White/Multi (G)	1051-07
2 1/8 yards (1.95 m)	Border Stripe - Multi (H)	1052-87*
3 3/4 yards (3.43 m)	Tossed Sewing Machines - White/Multi (Backing)	1047-07

\*Includes binding

### Cutting Instructions

Please note: All strips are cut across the width of fabric (WOF) from selvage to selvage edge unless otherwise noted.

#### From the 9.6 in x 9.6 in Blocks - Multi (A):

- Fussy cut (6) 10 1/2" squares, each centered on a block.

#### From the Folio Basics - Jade (B), cut:

- (1) 3 1/4" x WOF strip. Sub-cut (12) 3 1/4" squares. Cut the squares across both diagonals and cut (48) 3 1/4" triangles.
- (3) 2" x WOF strips. Sub-cut (12) 2" x 10 1/2" strips.
- (4) 2" x WOF strips. Sub-cut (12) 2" x 13 1/2" strips.
- (7) 2 1/2" x WOF strips for the binding.

#### From the Dots - White/Multi (C), cut:

- (3) 1 1/2" x WOF strips. Sub-cut (8) 1 1/2" x 12 1/2" strips.
- (3) 1 1/2" x 38 1/2" WOF strips.
- (3) 1 1/2" x WOF strips. Sew the strips together end to end with diagonal seams and cut (2) 1 1/2" x 51 1/2" strips.
- (2) 1 1/2" x 40 1/2" WOF strips.

#### From the Folio Basics - White on White (D), cut:

- (1) 3 1/4" x WOF strip. Sub-cut (12) 3 1/4" squares. Cut the squares across both diagonals and cut (48) 3 1/4" triangles.
- (6) 2 1/2" x WOF strips. Sub-cut (84) 2 1/2" squares.
- (3) 2 1/2" x WOF strips. Sub-cut (24) 2 1/2" x 4 1/2" strips.

#### From the Patchwork - Multi (E), cut:

- (3) 4 1/2" x WOF strips. Sub-cut (24) 4 1/2" squares.

#### From the Modern Melody Basics - Black (F), cut:

- (2) 2 7/8" x WOF strips. Sub-cut (24) 2 7/8" squares. Cut the squares across (1) diagonal to make (48) 2 7/8" triangles.
- (1) 2 1/2" x WOF strip. Sub-cut (12) 2 1/2" squares.

#### From the Ric-Rac - White/Multi (G), cut:

- (3) 2 1/2" x WOF strips. Sew the strips together end to end with diagonal seams and cut (2) 2 1/2" x 53 1/2" strips.
- (3) 2 1/2" x WOF strips. Sew the strips together end to end with diagonal seams and cut (2) 2 1/2" x 44 1/2" strips.

#### From the Border Stripe - Multi (H), cut:

- (2) 6 1/2" x 73" Length of Fabric (LOF) strips.
- (2) 6 1/2" x 60" LOF strips.

#### From the Tossed Sewing Machines - White/Multi (Backing), cut:

- (2) 64" x WOF strips for the backing. Sew the strips together and trim to make the 64" x 77" back.

### Block Assembly

Note: The arrows in figures represent the fabric print direction. Pay attention to the fabric and unit orientations when assembling the various components. Use a 1/4" seam allowance with right sides together (RST) unless otherwise noted.

1. Sew (1) 2" x 10 1/2" Fabric B strip to each side of (1) 10 1/2" Fabric A square. Sew (1) 2" x 13 1/2" Fabric B strip to the top and to the bottom of the Fabric A square to make (1) Block One square (Fig. 1).

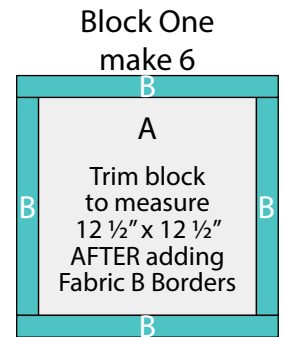


Fig. 1

1. Sew (1) 2" x 10 1/2" Fabric B strip to each side of (1) 10 1/2" Fabric A square. Sew (1) 2" x 13 1/2" Fabric B strip to the top and to the bottom of the Fabric A square to make (1) Block One square (Fig. 1).

Trim the block to measure 12 1/2" x 12 1/2". Repeat to make (6) Block One squares total.

2. Place (1) 2 1/2" Fabric F square on the bottom right corner of (1) 4 1/2" Fabric E square, right sides together (Fig. 2). Sew across the diagonal of the smaller square from the upper right corner to the lower left corner (Fig. 2). Flip open the triangle formed and press. Trim away the excess fabric from behind the triangle 1/4" away from the sewn seam (Fig. 3).

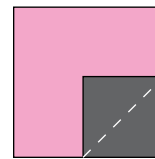


Fig. 2

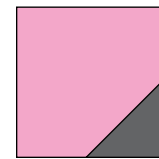


Fig. 3

3. Follow Figure 4 for the seam direction to add 2 1/2" Fabric D squares to the lower left corner and the upper right corner of the 4 1/2" Fabric E square to make (1) Unit 1 square (Fig. 5).

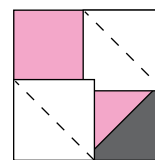


Fig. 4

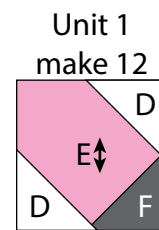


Fig. 5

4. Repeat Steps 2-3 to make (12) Unit 1 squares total.

5. Repeat Steps 2-3 and refer to Figure 6 for fabric identification, placement, seam direction and orientation to make (12) Unit 2 squares.

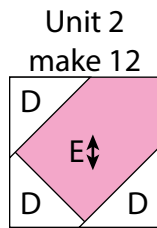


Fig. 6

6. Follow Figure 7 and sew together (2) Unit 1 squares and (2) Unit 2 squares into a 2 x 2 matrix to make (1) 8 1/2" Unit 3 square (Fig. 7). Repeat to make (6) Unit 3 squares total.

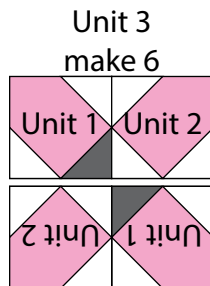


Fig. 7

7. Sew (1) 3 1/4" Fabric D triangle and (1) 3 1/4" Fabric B triangle together along short sides. Sew (1) 2 7/8" Fabric F triangle to the long side of the newly sewn triangle to make (1) 2 1/2" Unit 4 square (Fig. 8). Repeat to make (24) Unit 4 squares total.



Fig. 8



Fig. 9

9. Sew together (1) Unit 4 square, (1) 2 1/2" x 4 1/2" Fabric D strip and (1) Unit 5 square, in that order from left to right, to make (1) Unit 6 strip (Fig. 10). Repeat to make (24) Unit 6 strips total.

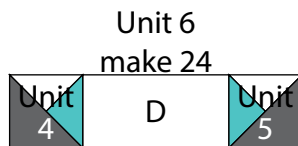


Fig. 10

10. Sew (1) 2 1/2" Fabric D square to each end of (1) Unit 6 strip to make the top row. Repeat to make the bottom row. Sew (1) Unit 6 strip to each side of (1) Unit 3 square to make the middle row. Sew together the (3) rows lengthwise to make (1) 12 1/2" Block Two square (Fig. 11). Repeat to make (6) Block Two squares total.

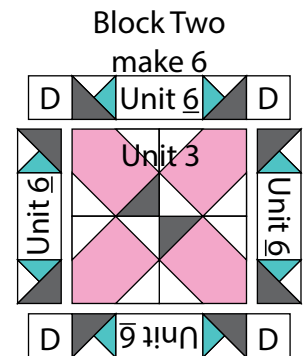


Fig. 11

11. Sew together (1) Block One square, (1) 1 1/2" x 12 1/2" Fabric C strip, (1) Block Two square, (1) 1 1/2" x 12 1/2" Fabric C strip and (1) Block One square, in that order from left to right, to make Row One. (Fig. 12). Repeat to make Row Three.

12. Sew together (1) Block Two square, (1) 1 1/2" x 12 1/2" Fabric C strip, (1) Block One square, (1) 1 1/2" x 12 1/2" Fabric C strip and (1) Block Two square, in that order from left to right, to make Row Two. (Fig. 12). Repeat to make Row Four.

13. Sew together the (4) Rows from Steps 11-12 in numerical order and (3) 1 1/2" x 38 1/2" Fabric C strips, lengthwise and alternating them from top to bottom, to make the 38 1/2" x 51 1/2" Center Block (Fig. 12).

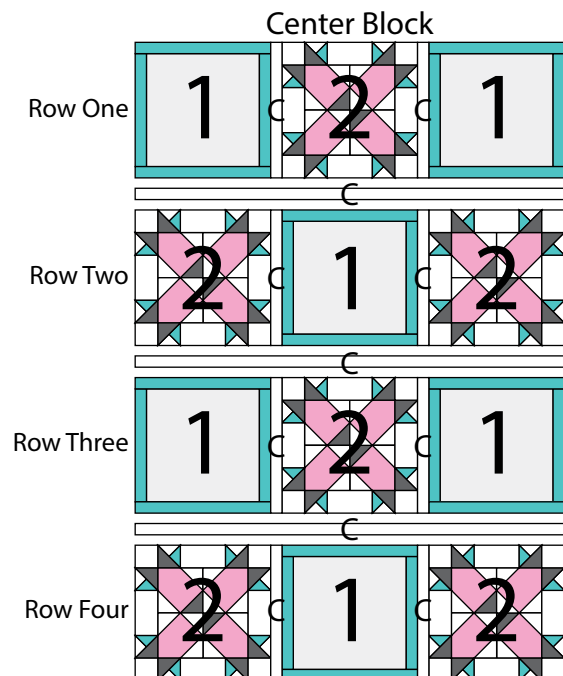


Fig. 12

### Quilt Top Assembly

*(Follow the Quilt Layout while assembling the quilt top.)*

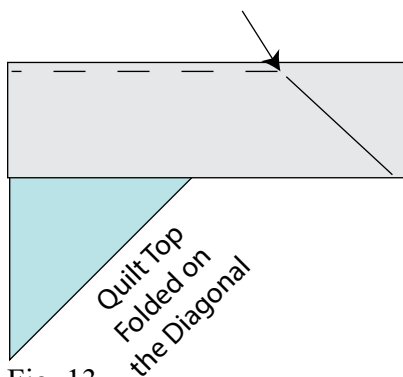
14. Sew (1) 1 1/2" x 51 1/2" Fabric C strip to each side of the Center Block. Sew (1) 1 1/2" x 40 1/2" Fabric C strip to the top and to the bottom of the Center Block.

15. Sew (1) 2 1/2" x 53 1/2" Fabric G strip to each side of the Center Block. Sew (1) 2 1/2" x 44 1/2" Fabric G strip to the top and to the bottom of the Center Block.

16. Center (1) 6 1/2" x 73" Fabric H strip on (1) side of the Center Block and pin in place. Start sewing the strip a 1/4" from the top edge of the block and stop a 1/4" from the bottom edge. **DO NOT TRIM THE EXCESS.** Repeat with the opposite side.

17. Repeat Step 16 to sew (1) 6 1/2" x 60" Fabric H strip to the top and to the bottom of the Center Block, making sure to stop and start 1/4" away from each end of the block. To miter each corner, fold the Center Block on a diagonal, wrong side together. This should line up the strips from adjacent sides (Fig. 13).

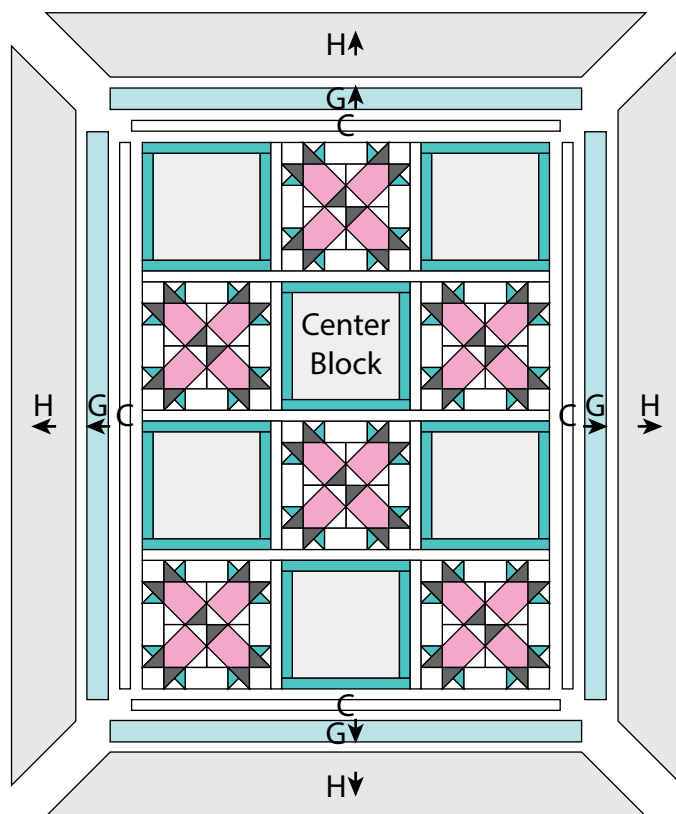
18. Starting at the sewn seam (represented by the arrow in Figure 13), draw a 45-degree line to the edge of the fabric. Sew on the drawn line. Trim the excess fabric leaving a 1/4" seam. Repeat this step with the remaining corners to make the quilt top.



19. Layer and quilt as desired.

20. Sew the (7) 2 1/2" x WOF Fabric B strips together, end to end with 45-degree seams, to make the binding. Fold this long strip in half lengthwise with wrong sides together and press.

21. Bind as desired.



Quilt Layout

*Every effort has been made to ensure that all projects are error free. All the information is presented in good faith, however no warranty can be given nor results guaranteed as we have no control over the execution of instructions. Therefore, we assume no responsibility for the use of this information or damages that may occur as a result. When errors are brought to our attention, we make every effort to correct and post a revision as soon as possible. Please make sure to check [www.henryglassfabrics.net](http://www.henryglassfabrics.net) for pattern updates prior to starting the project. We also recommend that you test the project prior to cutting for kits. Finally, all free projects are intended to remain free to you and are not for resale.*