# Plant Kindness

A Free Project Sheet
NOT FOR RESALE

By Janet Nesbitt of One Sister Design



Quilt Design by Janet Nesbitt

Quilt 1

Skill Level: Intermediate





### facebook.

Finished Quilt Size: 61" x 61" 49 West 37th Street, New York, NY 10018 tel: 212-686-5194 fax: 212-532-3525

Toll Free: 800-294-9495 www.henryglassfabrics.net

Please check our website for pattern updates before starting this project.

## PLANT KINDNESS Quilt 1

### Fabrics in the Collection



Pumpkin Blossom Tonal Brown – 2496-38



Calico Raisin - 2497-58



Garden Path Light Raisin – 2499-50



Stitched Flower Stripe Purple - 2500-58



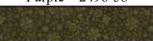
Flower Allover Rust - 2501-35



Border Swag Stripe Cream - 2503-33



Pumpkin Blossom Tonal Purple - 2496-58



Calico Green - 2497-66



Garden Path Light Green - 2499-60



Stitched Flower Stripe Navy - 2500-77



Flower Allover Raisin - 2501-58



Plant Kindness Plaid Dobby Plant Kindness Plaid Dobby Pumpkin - 2504Y-35



Pumpkin Blossom Tonal Red – 2496-88



Birds and Flowers Purple - 2498-58



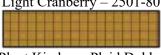
Stitched Flower Stripe Gold - 2500-44



Flower Allover Cream - 2501-33



Flower Allover Light Cranberry – 2501-80



Gold - 2504Y-44



Calico Gold - 2497-44



Garden Path Light Rust - 2499-35



Plant Kindness Panel Cream - 2502P-33

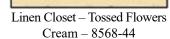
### Select Fabrics from Folio, One Sister Yarn Dyes and Linen Closet,

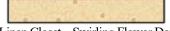


Folio Black - 7755-99



One Sister Yarn Dye Brown-8095Y--38

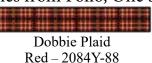




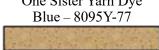
Linen Closet - Swirling Flower Dot Cream - 8570-44

Linen Closet – Wedding Ring Tan - 8573-33

Cherry Blossoms Plaid 2 Brown-8686Y-38



One Sister Yarn Dye



Tan - 8569-33



Linen Closet – Wedding Ring Cream - 8573-44

Cherry Blossoms Plaid 3 Pink/Brown - 8687-23



Linen Closet - Bow Tie Foulard Tan - 8567-33





Cream - 8569-44 Linen Closet - Stripe

Tan - 8572-33

Cherry Blossoms Plaid 1 Pink-8685Y-22

Cherry Blossoms Plaid 6 Dark Rose - 8689Y-88



Linen Closet - Stripe

Tan - 8570-33



Cherry Blossoms Plaid 1 Brown-8685Y-38

Autumn Song Plaid 3 Green - 8797Y-66

### PLANT KINDNESS (Quilt 1)

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#### Materials

1/8 yard	Garden Path - Light Raisin (A)	2499-50
1/8 yard	Calico - Raisin (B)	2497-58
3/8 yard	Garden Path - Light Green (C)	2499-60
1/4 yard	Pumpkin Blossom Tonal - Purple (D)	2496-58
1/4 yard	Stitched Flower Stripe - Purple (E)	2500-58
1/8 yard	Mini Glen Plaid - Green (F)	2085Y-66
⅓ yard	Stitched Flower Stripe - Navy (G)	2500-77
1/8 yard	Garden Path - Light Rust (H)	2499-35
⅓ yard	Plant Kindness Plaid Dobby - Pumpk	cin (I)
-	· · ·	2504Y-35
1/4 yard	Birds and Flowers - Purple (J)	2498-58
1/4 yard	Calico - Green (K)	2497-66
1/4 yard	Autumn Song Plaid - Green (L)	8797Y-66
⅓ yard	One Sister Yarn Dye - Blue (M)	8095Y-77
½ yard	Flower Allover - Light Cranberry (N	2501-80
1 panel	Plant Kindness Panel - Cream (O)	2502P-33
½ yard	Flower Allover - Raisin (P)	2501-58
1 <sup>1</sup> / <sub>3</sub> yards	Border Swag Stripe - Cream (Q)	2503-33
3/8 yard	Flower Allover - Cream (R)	2501-33
5∕8 yard	Pumpkin Blossom Tonal - Red (S)	2496-88*
1/4 yard	Plant Kindness Plaid Dobby - Gold (T)	2504Y-44
1/4 yard	Stitched Flower Stripe - Gold (U)	2500-44
1/4 yard	Dobbie Plaid - Red (V)	2084Y-88
4 yards	Flower Allover - Cream (Backing)	2501-33

<sup>\*</sup>Includes binding

### **Cutting Instructions**

Please note: all strips are cut across the width of fabric (WOF) from selvage to selvage edge unless otherwise noted.

### From the Garden Path - Light Raisin (A), cut:

• (1) 2 ½" square.

### From the Calico - Raisin (B), cut:

• (1) 2 ½" x WOF strip. Sub-cut (1) 2 ½" square, (2) 1 ½" x 4 ½" strips and (2) 1 ½" x 2 ½" strips.

### From the Garden Path - Light Green (C), cut:

- (1) 4 ½" x WOF strip. Sub-cut (8) 4 ½" squares, and (1) 2 ½" square. Cut the 4 ¼" squares across both diagonals to make (32) 4 ½" triangles.
- (1) 1 ½" x WOF strip. Sub-cut (4) 1 ½" x 6 ½" strips and (2) 1 ½" x 2 ½" strips.
- (1) 1 ½" x WOF strip. Sub-cut (6) 1 ½" x 4 ½" strips.

### From the Pumpkin Blossom Tonal - Purple (D), cut:

• (1) 4 <sup>1</sup>/<sub>4</sub>" x WOF strip. Sub-cut (3) 4 <sup>1</sup>/<sub>4</sub>" squares and (1) 2 <sup>1</sup>/<sub>2</sub>" square. Cut the 4 <sup>1</sup>/<sub>4</sub>" squares across both diagonals to make (12) 4 <sup>1</sup>/<sub>4</sub>" triangles. *Note: Only (11) triangles will be used.* 

### From the Stitched Flower Stripe - Purple (E), cut:

- (1) 1 ½" x WOF strip. Sub-cut (4) 1 ½" x 6 ½" strips.
- (1) 1 ½" x WOF strip. Sub-cut (6) 1 ½" x 4 ½" strips and (2) 1 ½" x 2 ½" strips.

### From the Mini Glen Plaid - Green (F), cut:

• (1) 2 ½" square.

### From the Stitched Flower Stripe - Navy (G), cut:

- (1) 4 ½" x WOF strip. Sub-cut (6) 4 ½" squares and (1) 2 ½" square. Cut the 4 ¼" squares across both diagonals to make (24) 4 ¼" triangles. *Note: Only (21) triangles will be used.*
- (1) 1 ½" x WOF strip. Sub-cut (4) 1 ½" x 4 ½" strips and (2) 1 ½" x 2 ½" strips.
- (1) 1 ½" x WOF strip. Sub-cut (2) 1 ½" x 6 ½" strips.

### From the Garden Path - Light Rust (H), cut:

• (1) 2 ½" x WOF strip. Sub-cut (1) 2 ½" square, (2) 1 ½" x 6 ½" strips and (2) 1 ½" x 4 ½" strips.

### From the Plant Kindness Plaid Dobby - Pumpkin (I), cut:

- (1) 4 1/4" x WOF strip. Sub-cut (6) 4 1/4" squares. Cut the squares across both diagonals to make (24) 4 1/4" triangles. *Note: Only (21) triangles will be used.*
- (1) 1 ½" x WOF strip. Sub-cut (2) 1 ½ x 6 ½" strips, (4) 1 ½" x 4 ½" strips and (2) 1 ½" x 2 ½" strips.

### From the Birds and Flowers - Purple (J), cut:

• (1) 4 <sup>1</sup>/<sub>4</sub>" x WOF strip. Sub-cut (3) 4 <sup>1</sup>/<sub>4</sub>" squares, (2) 1 <sup>1</sup>/<sub>2</sub>" x 4 <sup>1</sup>/<sub>2</sub>" strips and (2) 1 <sup>1</sup>/<sub>2</sub>" x 2 <sup>1</sup>/<sub>2</sub>" strips. Cut the 4 <sup>1</sup>/<sub>4</sub>" squares across both diagonals to make (12) 4 <sup>1</sup>/<sub>4</sub>" triangles. *Note: Only (10) triangles will be used.* 

#### From the Calico - Green (K), cut:

- (1) 4 <sup>1</sup>/<sub>4</sub>" x WOF strip. Sub-cut (5) 4 <sup>1</sup>/<sub>4</sub>" squares and (4) 2" squares. Cut the 4 <sup>1</sup>/<sub>4</sub>" squares across both diagonals to make (20) 4 <sup>1</sup>/<sub>4</sub>" triangles.
- (1) 1 ½" x WOF strip. Sub-cut (2) 1 ½" x 6 ½" strips and (2) 1 ½" x 4 ½" strips.

### From the Autumn Song Plaid - Green (L), cut:

• (1) 4 ½" x WOF strip. Sub-cut (3) 4 ½" squares, (1) 2 ½" square, (2) 1 ½" x 4 ½" strips and (2) 1 ½" x 2 ½" strips. Cut the 4 ¼" squares across both diagonals to make (12) 4 ½" triangles. Note: Only (10) triangles will be used.

### From the One Sister Yarn Dye - Blue (M), cut:

- (1) 4 <sup>1</sup>/<sub>4</sub>" x WOF strip. Sub-cut (6) 4 <sup>1</sup>/<sub>4</sub>" squares. Cut the 4 <sup>1</sup>/<sub>4</sub>" squares across both diagonals to make (24) 4 <sup>1</sup>/<sub>4</sub>" triangles. *Note: Only (21) triangles will be used.*
- (1) 1 ½" x WOF strip. Sub-cut (2) 1 ½" x 6 ½" strips, (4) 1 ½" x 4 ½" strips, and (2) 1 ½" x 2 ½" strips.

### From the Flower Allover - Light Cranberry (N), cut:

- (1) 9 %" x WOF strip. Sub-cut (4) 9 %" squares. Cut the squares across (1) diagonal to make (8) 9 %" triangles.
- (1) 4 ½" x WOF strip. Sub-cut (3) 4 ½" squares, (1) 2 ½" square, (2) 1 ½" x 4 ½" strips and (2) 1 ½" x 2 ½" strips. Cut the 4 ¼" squares across both diagonals to make (12) 4 ¼" triangles. *Note: Only (10) triangles will be used.*

## PLANT KINDNESS (Quilt 1)

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### **Cutting Instructions - Continued**

Please note: all strips are cut across the width of fabric (WOF) from selvage to selvage edge unless otherwise noted.

### From the Plant Kindness Panel - Cream (O), fussy cut:

- (1) 19 1/4" square, centered on the flowers. Cut the 19 1/4" square across both diagonals to make (4) 19 1/4" triangles.
- (4) 9 ½" squares, each centered on a star.

### From the Flower Allover - Raisin (P), cut:

- (1) 4 1/4" x WOF strip. Sub-cut (6) 4 1/4" squares. Cut the 4 1/4" squares across both diagonals to make (24) 4 1/4" triangles. Note: Only (21) triangles will be used.
- (2) 2" x WOF strips. Sub-cut (8) 2" x 8" strips. (2) 1" x 42 ½" WOF strips, piece as needed.
- (3) 1" x WOF strips. Sew the strips together end to end with diagonal seams and cut (2) 1" x 43 ½" strips.

### From the Border Swag Stripe - Cream (Q), cut:

• (4) 9 ½" x 43 ½" Length of Fabric (LOF) strips.

### From the Flower Allover - Cream (R), cut:

• (1) 8" x WOF strip. Sub-cut (4) 8" squares.

### From the Pumpkin Blossom Tonal - Red (S), cut:

• (7) 2 ½" x WOF strips for the binding.

### From the Plant Kindness Plaid Dobby - Gold (T), cut:

• (1) 4 1/4" x WOF strip. Sub-cut (3) 4 1/4" squares. Cut the 4 1/4" squares across both diagonals to make (12) 4 1/4" triangles. Note: Only (11) triangles will be used.

### From the Stitched Flower Stripe - Gold (U), cut:

• (1) 4 1/4" x WOF strip. Sub-cut (3) 4 1/4" squares. Cut the 4 1/4" squares across both diagonals to make (12) 4 1/4" triangles. Note: Only (10) triangles will be used.

### From the Dobbie Plaid - Red (V), cut:

• (1) 4 1/4" x WOF strip. Sub-cut (3) 4 1/4" squares. Cut the 4 1/4" squares across both diagonals to make (12) 4 1/4" triangles. Note: Only (10) triangles will be used.

#### From the Flower Allover - Cream (Backing), cut:

• (2) 69" x WOF strips for the backing. Sew the strips together and trim to make the 69" x 69" back.

#### **Block Assembly**

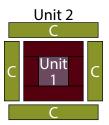
Note: The arrows in figures represent the fabric print direction. Pay attention to the fabric and unit orientations when assembling the various components.

1. Sew (1) 1 ½" x 2 ½" Fabric B strip to each side of (1) 2 ½" Fabric A square. Sew (1) 1 ½" x 4 ½" Fabric B strip to the top and to the bottom of the Fabric A square to make (1) Unit 1 square (Fig. 1).

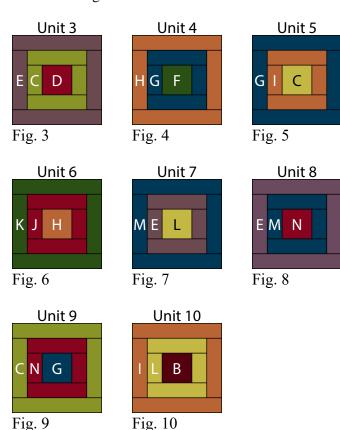


Fig. 1

2. Sew (1) 1 ½" x 4 ½" Fabric C strip to each side of the Unit 1 square. Sew (1) 1 ½" x 6 ½" Fabric C strip to the top and to the bottom of the Unit 1 square to make (1) Unit 2 square (Fig. 2).



3. Repeat Steps 1-2 and refer to Figures 3-10 for fabric identification and placement to make (1) of each unit square for Unit 1 through Unit 10.



4. Sew the (9) assorted units into a 3 x 3 matrix to make (1) Unit 11 square (Fig. 11). The block should measure 18 ½" square.

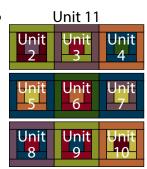


Fig. 11

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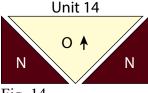
5. Sew (1) 9 1/8" Fabric N triangle to the (2) short sides of (1) 19 1/4" Fabric O triangle to make (1) Unit 12 strip (Fig. 12).

6. Repeat Step 5 and refer to Figures 13-15 for fabric identification, placement and orientation to make (1) Unit 13 strip, (1) Unit 14 strip and (1) Unit 15 strip.





Fig. 12 Fig. 13



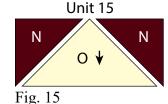


Fig. 14

7. Sew (1) 9 ½" Fabric O square to each end of the Unit 14 strip to make the top row. Sew (1) Unit 12 strip, (1) Unit 11 square and (1) Unit 13 strip together in that order left to right to make the middle row. Sew (1) 9 ½" Fabric O square to each end of the Unit 15 strip to make the bottom row. Sew the (3) rows together lengthwise to make the Center Block (Fig. 16).

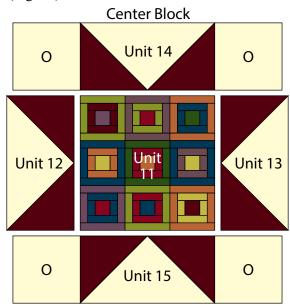


Fig. 16

8. Sew together (1) 4 1/4" Fabric D triangle and (1) 4 1/4" Fabric C triangle. Sew together (1) 4 1/4" Fabric G triangle and (1) 4 1/4" Fabric T triangle. Sew the (2) newly sewn strips together along the long sides to make (1) Unit 16 square (Fig. 17). The block should measure 3 ½" square. Repeat to make (11) Unit 16 squares total.



9. Repeat Step 8 and refer to Figures 18-21 for fabric identification, placement and orientation to make (11) Unit 17 square, (10) Unit 18 squares, (10) Unit 19 squares and (10) Unit 20 squares.









Fig. 18

Fig. 19

Fig. 20

Left Side

Border

Fig. 21

10. Follow Figure 22 and sew together (12) assorted units to make the Left Side Border. Repeat to make the Right Side Border (Fig. 23).

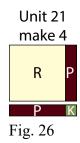
Right Side Border



## PLANT KINDNESS Quilt 1

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- 11. Follow Figure 24 below and sew together (14) assorted units to make the Top Border. Repeat to make the Bottom Border (Fig. 25 below).
- 12. Sew (1) 2" x 8" Fabric P strip to the right side of (1) 8" Fabric R square. Sew (1) 2" Fabric K square to the right end of (1) 2" x 8" Fabric P strip. Sew the newly sewn strip to the bottom of the Fabric R square to make (1) Unit 21 square (Fig. 26). Repeat to make (4) Unit 21 squares total.



### **Quilt Top Assembly**

(Follow the Quilt Layout while assembling the quilt top.)
13. Sew the Left Side Border and Right Side Border to the left and to the right of the Center block. Sew the Top Border and Bottom Border to the top and to the bottom of the Center Block.

- 14. Sew (1)1" x 42 ½' Fabric P strip to each side of the Center Block. Sew (1) 1" x 43 ½" Fabric P strip to the top and to the bottom of the Center Block.
- 15. Sew (1) 9 ½" x 43 ½" Fabric Q strip to each side of the Center Block. Sew (1) Unit 21 square to each end of (1) 9 ½" x 43 ½" Fabric Q strip. Repeat to make a second strip. Sew the strips to the top and to the bottom of the Center Block to make the quilt top.
- 16. Layer and quilt as desired.
- 17. Sew the (7) 2 ½" x WOF Fabric S strips together, end to end with 45-degree seams, to make the binding. Fold this long strip in half lengthwise with wrong sides together and press.
- 18. Bind as desired.

### **Top Border**

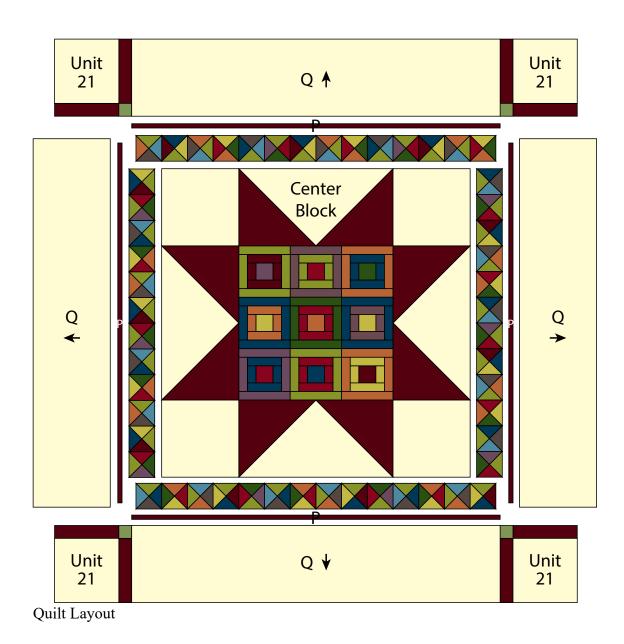


Fig. 24



Fig. 25

### PLANT KINDNESS (Quilt 1)



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