FRIDAY HARBOR

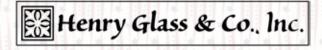
A Free Project Sheet NOT FOR RESALE

By Janet Nesbitt of One Sister Designs



Quilt 1

Skill Level: Advanced Beginner





facebook.

Finished Quilt Size: 65" x 46" (165.10 cm x 116.84 cm) 49 West 37th Street, New York, NY 10018 tel: 212-686-5194 fax: 212-532-3525 Toll Free: 800-294-9495

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Fabrics in the Collection



Zig Zag Texture Cream/Red – 3175-48



Star Flower Cream/Red – 3177-48



 $Wreath \\ Navy - 3179-77$



Large Plaid Cream/Navy – 3181-47



Jigsaw Swirl Navy – 3183-77



Jigsaw Swirl Red – 3183-88



Wavy Stars Cream/Red – 3184-48



Wavy Stars Navy – 3184-77



Zig Zag Texture Navy – 3175-77



Star Flower Red – 3177-88



Wreath Red – 3179-88



Large Plaid Cream/Red – 3181-48



Churndash Navy – 3176-77



Flower Dot Navy/Teal – 3178-77



Window Pane Plaid Light Blue – 3180-17



Star Stripe Cream – 3182-44



Churndash Red – 3176-88



Flower Dot Red/Teal – 3178-88



Window Pane Plaid Cream/Red – 3180-48



Star Stripe Red – 3182-88



Friday Harbor Panel 24 Inch by 44 Inch Cream – 3185P-44

Select Fabric from Folio Basics



White on White 7755-01

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Materials

1 panel Friday F	Iarbor Panel 24 Inch by 44 Inch -	Cream (A)
		3185P-44
¹ / ₃ yard (0.31m)	Zig Zag Texture - Cream/Red (B)	3175-48
3/8 yard (0.35m)	Zig Zag Texture - Navy (C)	3175-77
3/8 yard (0.35m)	Window Pane Plaid - Cream/I	Red (D)
		3180-48
3/8 yard (0.35m)	Churndash - Navy (E)	3176-77
¹ / ₄ yard (0.23m)	Wreath - Red (F)	3179-88
5/8 yard (0.58m)	Folio Basics - White on White (G	7755-01
1 yard (0.92m)	Star Stripe - Cream (H)	3182-44
½ yard (0.46m)	Wavy Stars - Navy (I)	3184-77*
3 yards (2.75m)	Star Flower - Cream/Red (Backing)	3177-48

^{*}Includes binding

Cutting Instructions

Please note: All strips are cut across the width of fabric (WOF) from selvage to selvage edge unless otherwise noted.

From the Friday Harbor Panel 24 Inch by 44 Inch - Cream (A):

• Fussy cut (1) 42 ½" x 23 ½" rectangle centered on the panel.

From the Zig Zag Texture - Cream/Red (B), cut:

- (2) 2" x 23 ½" WOF strips.
- (3) 2" x WOF strips. Sew the strips together end to end with diagonal seams and cut (2) 2" x 45 ½" strips.

From the Zig Zag Texture - Navy (C), cut:

- (1) 5 ½" x WOF strip. Sub-cut (4) 5 ½" squares.
- (1) 4 ½" x WOF strip. Sub-cut (6) 4 ½" squares and (2) 1 ½" x 4 ½" strips.

From the Window Pane Plaid - Cream/Red (D), cut:

- (1) 5 ½" x WOF strip. Sub-cut (3) 5 ½" squares. Cut the squares across both diagonals to make (12) 5 ½" triangles.
- (1) 4 1/8" x WOF strip. Sub-cut (6) 4 1/8" squares. Cut the squares across (1) diagonal to make (12) 4 1/8" triangles.

From the Churndash - Navy (E), cut:

- (1) 5 ½" x WOF strip. Sub-cut (3) 5 ½" squares. Cut the squares across both diagonals to make (12) 5 ½" triangles.
- (1) 4 1/8" x WOF strip. Sub-cut (6) 4 1/8" squares. Cut the squares across (1) diagonal to make (12) 4 1/8" triangles.

From the Wreath - Red (F), cut:

• (1) 5 ½" x WOF strip. Sub-cut (2) 5 ½" squares and (4) 4 ½" squares. Cut the 5 ½" squares across both diagonals to make (8) 5 ½" triangles. Cut the 4 ½" squares across (1) diagonal to make (8) 4 ½" triangles.

From the Folio Basics - White on White (G), cut:

- (1) 5 1/4" x WOF strip. Sub-cut (8) 5 1/4" squares. Cut the squares across both diagonals to make (32) 5 1/4" triangles.
- (2) 2" x 33 ½" WOF strips.
- (3) 2" x WOF strips. Sew the strips together end to end with diagonal seams and cut (2) 2" x 55 ½" strips.

From the Star Stripe - Cream (H), cut:

- (2) 5 ½" x 36 ½" WOF strips.
- (3) 5 ½" x WOF strips. Sew the strips together end to end with diagonal seams and cut (2) 5 ½" x 55 ½" strips.

From the Wavy Stars - Navy (I), cut:

• (6) 2 ½" x WOF strips for the binding.

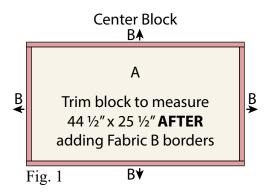
From the Star Flower - Cream/Red (Backing), cut:

• (2) 54" x WOF strips for the backing. Sew the strips together and trim to make the 73" x 54" back.

Block Assembly

Note: The arrows in figures represent the fabric print direction. Pay attention to the fabric and unit orientations when assembling the various components. Use a $\frac{1}{4}$ " seam allowance with right sides together (RST) unless otherwise noted.

1. Sew (1) 2" x 23 ½" Fabric B strip to each side of the 42 ½" x 23 ½" Fabric A rectangle. Sew (1) 2" x 45 ½" Fabric B strip to the top and to the bottom of the Fabric A rectangle to make the Center Block (Fig. 1). **Trim the block to measure 44** ½" x 25 ½".



2. Sew together (1) 5 ¼" Fabric G triangle and (1) 5 ¼" Fabric E triangle along short sides. Sew (1) 4 ½" Fabric D triangle to the long side of the newly sewn triangle to make (1) 4 ½" Block One square (Fig. 2). Repeat to make (6) Block One squares total.

Block One make 6

Fig. 2

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3. Repeat Step 2 and refer to Figures 3-9 for fabric identification, placement and orientation to make the indicated number of block squares for Block Two through Block Eight.

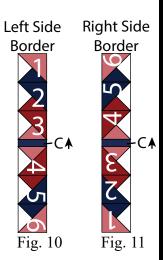


Fig. .

Block Three Block Four Block Five make 4 make 4
Fig. 4 Fig. 5 Fig. 6

Block Six Block Seven Block Eight make 6
Fig. 7 Fig. 8 Fig. 9

- 4. Sew together (1) Block One square, (1) Block Two square, (1) Block Three square, (1) 1 ½" x 4 ½" Fabric C strip, (1) Block Four square, (1) Block Five square and (1) Block Six square, in that order from top to bottom, to make the Left Side Border (Fig. 10).
- 5. Repeat Step 4 and refer to Figure 11 for component identification, placement and orientation to make the Right Side Border.



- 6. Refer to Figure 12 below for component identification, placement and orientation and sew together (3) 4 ½" Fabric C squares and (10) assorted Block squares to make the Top Border.
- 7. Refer to Figure 13 below for component identification, placement and orientation and sew together (3) 4 ½" Fabric C squares and (10) assorted Block squares to make the Bottom Border.

Quilt Top Assembly

(Follow the Quilt Layout while assembling the quilt top.)
8. Sew the Left Side Border and Right Side Border to the left and to the right sides of the Center Block.

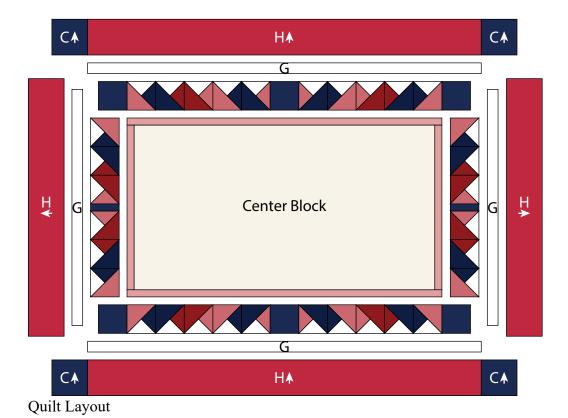
- 9. Sew the Top Border and the Bottom Border to the top and to the bottom of the Center Block.
- 10. Sew (1) 2" x 33 ½" Fabric G strip to each side of the Center Block. Sew (1) 2" x 55 ½" Fabric G strip to the top and to the bottom of the Center Block.
- 11. Sew (1) 5 ½" x 36 ½" Fabric H strip to each side of the Center Block.
- 12. Sew (1) 5 ½" Fabric C square to each end of (1) 5 ½" x 55 ½" Fabric H strip. Repeat to make a second strip. Sew the strips to the top and to the bottom of the Center Block to make the quilt top.
- 13. Layer and quilt as desired.
- 14. Sew the (6) 2 ½" x WOF Fabric I strips together, end to end with 45-degree seams, to make the binding. Fold this long strip in half lengthwise with wrong sides together and press.
- 15. Bind as desired.





Fig. 13

FRIDAY HARBOR Quilt 1)



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