# Best of Days

A Free Project Sheet
NOT FOR RESALE

By Janet Nesbitt of One Sister Designs



Quilt 1

Skill Level: Intermediate





### facebook.

Finished Quilt Size: 78" x 78" 49 West 37th Street, New York, NY 10018 tel: 212-686-5194 fax: 212-532-3525

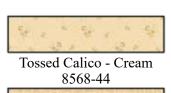
Toll Free: 800-294-9495 www.henryglassfabrics.net

Please check our website for pattern updates before starting this project.

### Fabrics in the Collection

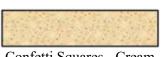


### Select Fabrics from Linen Closet

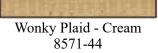


Allover Flower - Red 2457-88

Wonky Plaid - Tan 8571-33



Confetti Squares - Cream 8569-44





Spiral Flower - Tan 8570-33

Calico Stripe - Tan 8572-33



Wedding Ring Stars - Cream 8573-44

### Page 1

#### **Materials**

⅓ yard	Wallflower - Blue (A)	2450-77
²⁄₃ yard	Star Texture - Cocoa (B)	2455-34
1 <sup>2</sup> / <sub>3</sub> yards	Wonky Plaid - Cream (C)	8571-44
½ yard	Wedding Ring Stars - Cream (D)	8573-44
3/4 yard	Allover Flower - Brown (E)	2457-38
1 1/8 yards	Tonal Flower - Red (F)	2453-88
½ yard	Confetti Squares - Cream (G)	8569-44
1 1/8 yards	Spiral Flower - Cream (H)	8570-44
1/4 yard	Flower Lattice - Green (I)	2451-66
5/8 yard	Stepping Stones - Rust (J)	2454-35
²⁄₃ yard	Star Geo - Brown (K)	2456-38*
5/8 yard	Spiral Flower - Tan (L)	8570-33
5⁄8 yard	Wonky Plaid - Tan (M)	8571-33
1 1/4 yards	Calico Stripe - Tan (N)	8572-33
1/8 yard	Star Geo - Tan (O)	2456-34
1/4 yard	Woven Texture - Green (P)	2452-66
3/4 yard	Tonal Flower - Blue (Q)	2453-77
1/4 yard	Star Geo - Gold (R)	2456-44
1/4 yard	Allover Flower - Dark Purple (S)	2457-58
1/4 yard	Tossed Calico - Cream (T)	8568-44
1/4 yard	Bow Tie - Cream (U)	8567-44
7 ½ yards	Wall Flower - Blue (Backing)	2450-77

<sup>\*</sup>Includes binding

#### **Cutting Instructions**

Please note: All strips are cut across the width of fabric (WOF) from selvage to selvage edge unless otherwise noted.

### From the Wallflower - Blue (A), cut:

- (3) 6 %" x WOF strips. Sub-cut (16) 6 %" squares. Cut the squares across (1) diagonal to make (32) 6 %" triangles.
- (1) 3 ½" x WOF strip. Sub-cut (9) 3 ½" squares.
- (1) 2" x WOF strip. Sub-cut (16) 2" squares.

#### From the Star Texture - Cocoa (B), cut:

- (3) 3 ½" x WOF strips. Sub-cut (29) 3 ½" squares.
- (2) 2" x WOF strips. Sub-cut (32) 2" squares.
- (2) 2" x WOF strips. Sub-cut (16) 2" x 3 ½" strips.

### From the Wonky Plaid - Cream (C), cut:

- (3) 6 %" x WOF strips. Sub-cut (16) 6 %" squares. Cut the squares across (1) diagonal to make (32) 6 %" triangles.
- (2) 3 ½" x WOF strips. Sub-cut (13) 3 ½" squares.
- (3) 3 ½" x WOF strips. Sew the strips together end to end with diagonal seams and cut (2) 3 ½" x 60 ½" strips.
- (4) 3 ½" x WOF strips. Sew the strips together end to end with diagonal seams and cut (2) 3 ½" x 66 ½" strips.
- (1) 2" x WOF strip. Sub-cut (16) 2" squares.

### From the Wedding Ring Stars - Cream (D), cut:

- (3) 3 ½" x WOF strips. Sub-cut (28) 3 ½" squares.
- (1) 2" x WOF strip. Sub-cut (16) 2" squares.

### From the Allover Flower - Brown (E), cut:

- (1) 7 1/4" x WOF strip. Sub-cut (4) 7 1/4" squares. Cut the squares across both diagonals to make (16) 7 1/4" triangles.
- (1) 4 1/4" x WOF strip. Sub-cut (4) 4 1/4" squares. Cut the squares across both diagonals to make (16) 4 1/4" triangles.
- (5) 2" x WOF strips. Sub-cut (96) 2" squares.

### From the Tonal Flower - Red (F), cut:

- (1) 7 1/4" x WOF strip. Sub-cut (4) 7 1/4" squares. Cut the squares across both diagonals to make (16) 7 1/4" triangles.
- (1) 4 1/4" x WOF strip. Sub-cut (4) 4 1/4" squares and (5) 3 1/2" squares. Cut the 4 1/4" squares across both diagonals to make (16) 4 1/4" triangles.
- (3) 3 ½" x WOF strips. Sub-cut (16) 3 ½" x 6 ½" strips.
- (6) 2" x WOF strips. Sub-cut (116) 2" squares.

### From the Confetti Squares - Cream (G), cut:

- (1) 4 1/4" x WOF strip. Sub-cut (4) 4 1/4" squares. Cut the squares across both diagonals to make (16) 4 1/4" triangles.
- (1) 3 %" x WOF strip. Sub-cut (8) 3 %" squares. Cut the squares across (1) diagonal to make (16) 3 %" triangles.
- (2) 2" x WOF strips. Sub-cut (32) 2" squares.

### From the Spiral Flower - Cream (H), cut:

- (1) 4 1/4" x WOF strip. Sub-cut (4) 4 1/4" squares. Cut the squares across both diagonals to make (16) 4 1/4" triangles.
- (3) 3 ½" x WOF strips. Sub-cut (32) 3 ½" squares.
- (10) 2" x WOF strips. Sub-cut (192) 2" squares.

### From the Flower Lattice - Green (I), cut:

• (1) 3 %" x WOF strip. Sub-cut (8) 3 %" squares. Cut the squares across (1) diagonal to make (16) 3 %" triangles.

#### From the Stepping Stones - Rust (J), cut:

- (1) 3 %" x WOF strip. Sub-cut (8) 3 %" squares. Cut the squares across (1) diagonal to make (16) 3 %" triangles.
- (1) 3 ½" x WOF strip. Sub-cut (5) 3 ½" squares.
- (5) 2" x WOF strips. Sub-cut (96) 2" squares.

### From the Star Geo - Brown (K), cut:

• (8) 2 ½" x WOF strips for the binding.

#### From the Spiral Flower - Tan (L), cut:

- (1) 3 %" x WOF strip. Sub-cut (8) 3 %" squares. Cut the squares across (1) diagonal to make (16) 3 %" triangles.
- (4) 3 ½" x WOF strips. Sub-cut (20) 3 ½" x 6 ½" strips.

### From the Wonky Plaid - Tan (M), cut:

- (2) 7 ½" x WOF strips. Sub-cut (8) 7 ½" squares. Cut the squares across both diagonals to make (32) 7 ½" triangles. *Note: You will only use (16) of the 7 ½" triangles.*
- (1) 2" x WOF strip. Sub-cut (20) 2" squares.

### Page 2

### **Cutting Instructions - Continued**

Please note: All strips are cut across the width of fabric (WOF) from selvage to selvage edge unless otherwise noted.

### From the Calico Stripe - Tan (N), cut:

- (2) 7 1/4" x WOF strips. Sub-cut (8) 7 1/4" squares. Cut the squares across both diagonals to make (32) 7 1/4" triangles. *Note: You will only use (16) of the 7 1/4" triangles.*
- (5) 3 ½" x WOF strips. Sub-cut (96) 3 ½" x 2" strips.
- (5) 2" x WOF strips. Sub-cut (96) 2" squares.

### From the Star Geo - Tan (O), cut:

• (1) 2" x WOF strip. Sub-cut (20) 2" squares.

### From the Woven Texture - Green (P), cut:

• (1) 3 ½" x WOF strip. Sub-cut (5) 3 ½" squares.

### From the Tonal Flower - Blue (Q), cut:

- (2) 3 ½" x WOF strips. Sub-cut (21) 3 ½" squares.
- (8) 2" x WOF strips. Sub-cut (96) 2" x 3 ½" strips.

### From the Star Geo - Gold (R), cut:

• (1) 3 ½" x WOF strip. Sub-cut (5) 3 ½" squares.

### From the Allover Flower - Dark Purple (S), cut:

• (1) 3 ½" x WOF strip. Sub-cut (5) 3 ½" squares.

### From the Tossed Calico - Cream (T), cut:

• (2) 2" x WOF strips. Sub-cut (20) 2" x 3 ½" strips.

### From the Bow Tie - Cream (U), cut:

• (1) 3 ½" x WOF strip. Sub-cut (8) 3 ½" squares.

### From the Wall Flower - Blue (Backing), cut:

• (3) 86" x WOF strips for the backing. Sew the strips together and trim to make the 86" x 86" back.

#### **Block Assembly**

Note: The arrows in figures represent the fabric print direction. Pay attention to the fabric and unit orientations when assembling the various components.

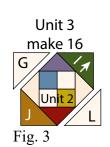
- 1. Sew (1) 2" Fabric A square to the left side of (1) 2" Fabric C square to make the top row. Sew (1) 2" Fabric D square to the left side of (1) 2" Fabric B square to make the bottom row. Sew the (2) rows together to make (1) Unit 1 square (Fig. 1). Repeat to make (16) Unit 1 squares total.
- 2. Follow Figure 2 and sew (1) 4 1/4" H triangle, (1) 4 1/4" Fabric E triangle, (1) 4 1/4" Fabric F triangle and (1) 4 1/4" Fabric G triangle to the sides of (1) Unit 1 square to make (1) Unit 2 square. Repeat to make (16) Unit 2 squares total.

Unit 1 make 16

AC↑  $D \mid B$ Fig. 1



- 3. Follow Figure 3 and sew (1) 3 %" Fabric G triangle, (1) 3 1/8" Fabric I triangle, (1) 3 1/8" Fabric J triangle and (1) 3 1/8" Fabric L triangle to the sides of (1) Unit 2 square to make (1) Unit 3 square. Repeat to make (16) Unit 3 squares total.
- 4. Follow Figure 4 and sew (1) 7 1/4" Fabric E triangle, (1) 7 1/4" Fabric M triangle, (1) 7 1/4" Fabric F triangle and (1) 7 1/4" Fabric N triangle to the sides of (1) Unit 3 square to make (1) Unit 4 square. Repeat to make (16) Unit 4 squares



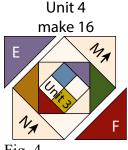
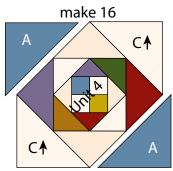


Fig. 4

5. Sew (2) 6 %" Fabric A triangles and (2) 6 1/8" Fabric C triangles to the sides of (1) Unit 4 square to make (1) Block One square (Fig. 5). The block should measure 12 1/2" square. Repeat to make (16) Block One squares total.



**Block One** 

Fig. 5

- 6. Place (1) 2" Fabric O square on the left side of (1) 2" x 3 ½" Fabric T strip, right sides together (Fig. 6). Sew across the diagonal of the square from the upper right corner to the lower left corner (Fig. 6). Flip open the triangle formed and press. Trim away the excess fabric from behind the triangle, leaving a <sup>1</sup>/<sub>4</sub>" seam allowance (Fig. 7).
- 7. Place (1) 2" Fabric F square on the right side of the 2" x 3 ½" Fabric T strip, right sides together (Fig. 8). Sew across the diagonal of the square from the upper left corner to the lower right corner (Fig. 8). Flip open the triangle formed and press. Trim away the excess fabric from behind the triangle, leaving a 1/4" seam allowance to make (1) Unit 5 strip (Fig. 9).
- 8. Repeat Steps 6-7 to make (20) Unit 5 strips total.









## BEST OF DAYS Quilt 1

### Page 3

9. Sew (1) 2" Fabric M square to each end of (1) Unit 5 strip to make the top row. Repeat to make the bottom row. Sew (1) Unit 5 strip to each side of (1) 3 ½" Fabric C square to make the middle row. Sew the (3) rows together to make (1) Unit 6 square (Fig. 10). Repeat to make (5) Unit 6 squares total.

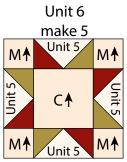


Fig. 10

10. Repeat Steps 6-7 and refer to Figure 11 for fabric identification, location and seam direction while using (5) 3 ½" Fabric B squares, (5) 3 ½" x 6 ½" Fabric L strips and (5) 3 ½" Fabric A squares to make (5) Unit 7 strips.



11. Repeat Steps 6-7 and refer to Figure 12 for fabric identification, location and seam direction while using (5) 3 ½" Fabric Q squares, (5) 3 ½" x 6 ½" Fabric L strips and (5) 3 ½" Fabric J squares to make (5) Unit 8 strips.



Unit 8

Fig. 12

12. Repeat Steps 6-7 and refer to Figure 13 for fabric identification, location and seam direction while using (5) 3 ½" Fabric P squares, (5) 3 ½" x 6 ½" Fabric L strips and (5) 3 ½" Fabric F squares to make (5) Unit 9 strips.

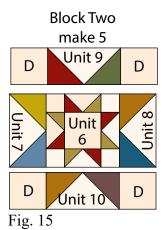


13. Repeat Steps 6-7 and refer to Figure 14 for fabric identification, location and seam direction while using (5) 3 ½" Fabric R squares, (5) 3 ½" x 6 ½" Fabric L strips and (5) 3 ½" Fabric S squares to make (5) Unit 10 strips.



- 14. Sew (1) 3 ½" Fabric D square to each end of (1) Unit 9 strip to make the top row.
- 15. Sew (1) Unit 7 strip to the left side of (1) Unit 6 square. Sew (1) Unit 8 strip to the right side of the Unit 6 square to make the middle row.
- 16. Sew (1) 3 ½" Fabric D square to each end of (1) Unit 10 square to make the bottom row.

17. Sew the (3) rows from Steps 14-16 together lengthwise to make (1) 12 ½" Block Two square (Fig. 15). Repeat to make (5) Block Two squares total.



18. Repeat Steps 6-7 and refer to Figure 16 for fabric identification, location and seam direction while using (32) 2" Fabric G squares and (16) 2" x 3 ½" Fabric B strips to make (16) Unit 11 strips.



Fig. 16

19. Sew (1) 2" Fabric B square to each end of (1) Unit 11 strip to make the top row. Repeat to make the bottom row. Sew (1) Unit 11 strip to each side of (1) 3 ½" Fabric A square to make the middle row. Sew the (3) rows together to make (1) Unit 12 square (Fig. 17). Repeat to make (4) Unit 12 squares total.

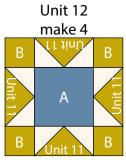
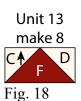


Fig. 17

20. Repeat Steps 6-7 and refer to Figure 18 for fabric identification, location and seam direction while using (8) 3 ½" Fabric C squares, (8) 3 ½" x 6 ½" Fabric F strips and (8) 3 ½" Fabric D squares to make (8) Unit 13 strips.



21. Repeat Steps 6-7 and refer to Figure 19 for fabric identification, location and seam direction while using (8) 3 ½" Fabric U squares, (8) 3 ½" x 6 ½" Fabric F strips and (8) 3 ½" Fabric H squares to make (8) Unit 14 strips.



Fig. 19

### Page 4

22. Sew (1) 3 ½" Fabric Q square to each end of (1) Unit 13 strip to make the top row. Repeat to make the bottom row. Sew (1) Unit 14 strip to each side of (1) Unit 12 square to make the middle row. Sew the (3) rows together to make (1) 12 ½" Block Three square (Fig. 20). Repeat to make (4) Block Three squares total.

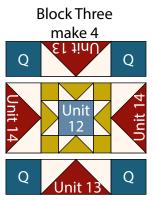


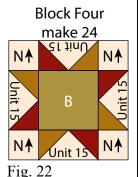
Fig. 20

23. Repeat Steps 6-7 and refer to Figure 21 for fabric identification, location and seam direction while using (96) 2" Fabric J squares, (96) 2" x 3 ½" Fabric N strips and (96) 2" Fabric F squares to make (96) Unit 15 strips total.



Fig. 21

24. Sew (1) 2" Fabric N square to each end of (1) Unit 15 strip to make the top row. Repeat to make the bottom row. Sew (1) Unit 15 strip to each side of (1) 3 ½" Fabric B square to make the middle row. Sew the (3) rows together to make (1) 6 ½" Block Four square (Fig. 22). Repeat to make (24) Block Four squares total.

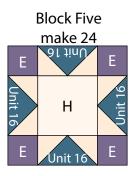


25. Repeat Steps 6-7 and refer to Figure 23 for fabric identification, location and seam direction while using (192) 2" Fabric H squares and (96) 2" x 3 ½" Fabric Q strips to make (96) Unit 16 strips total.



Fig. 23

26. Sew (1) 2" Fabric E square to each end of (1) Unit 16 strip to make the top row. Repeat to make the bottom row. Sew (1) Unit 16 strip to each side of (1) 3 ½" Fabric H square to make the middle row. Sew the (3) rows together to make (1) 6 ½" Block Five square (Fig. 24). Repeat to make (24) Block Five squares total.

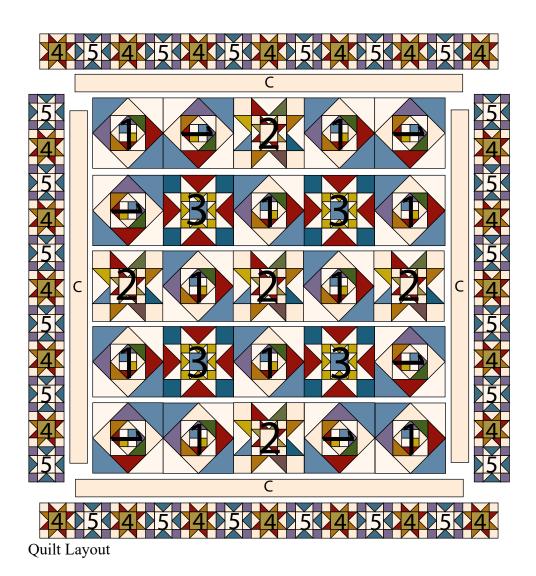


### **Quilt Top Assembly**

(Follow the Quilt Layout while assembling the quilt top.) 27. Sew together (2) Block One squares, (1) Block Two square and (2) Block One squares, in that order from left to right, to make Row One. Repeat to make Row Five.

- 28. Sew together (3) Block One squares and (2) Block Three squares, alternating them from left to right, to make Row Two. Repeat to make Row Four.
- 29. Sew together (3) Block Two squares and (2) Block One squares, alternating them from left to right, to make Row Three.
- 30. Sew the (5) Rows together, in numerical, order to make the Center Block.
- 31. Sew (1) 3 ½" x 60 ½" Fabric C strip to each side of the Center Block. Sew (1) 3 ½" x 66 ½" Fabric C strip to the top and to the bottom of the Center Block.
- 32. Sew together (6) Block Five squares and (5) Block Four squares, alternating them from top to bottom, to make (1) Side Border. Repeat to make a second Side Border. Sew (1) Side Border to each side of the Center Block.
- 33. Sew together (7) Block Four squares (6) Block Five squares, alternating them from left to right, to make the Top Border. Repeat to make the Bottom Border. Sew the Top Border and Bottom Border to the top and to the bottom of the Center Block to make the quilt top.
- 34. Layer and quilt as desired.
- 35. Sew the (8) 2 ½" x WOF Fabric K strips together, end to end with 45-degree seams, to make the binding. Fold this long strip in half lengthwise with wrong sides together and press.
- 36. Bind as desired.

## BEST OF DAYS Quilt 1



Every effort has been made to ensure that all projects are error free. All the information is presented in good faith, however no warranty can be given nor results guaranteed as we have no control over the execution of instructions. Therefore, we assume no responsibility for the use of this information or damages that may occur as a result. When errors are brought to our attention, we make every effort to correct and post a revision as soon as possible. Please make sure to check <a href="https://www.henryglassfabrics.net">www.henryglassfabrics.net</a> for pattern updates prior to starting the project. We also recommend that you test the project prior to cutting for kits. Finally, all free projects are intended to remain free to you and are not for resale.