

# Autumn Flourish

Free Project  
NOT FOR RESALE

QUILT 1



Featuring fabrics from the **Autumn Flourish** collection by Art Loft for **STUDIO C fabrics**

## Fabric Requirements

(A) 6340P-99	1 panel
(B) 6333-35	1/4 yard
(C) 6338-33	1/4 yard
(D) 6336-99	2/3 yard
(E) Vanilla-46*	7/8 yard
(F) Deep Space-98*	1-1/8 yards++
(G) 6335-68	1-1/8 yards
(H) 6334-83	1-1/4 yards
(I) Green Tea-22*	1-1/2 yards

(J) 6334-44	1-5/8 yards
Backing 6337-99	5-2/3 yards
++Includes binding.	
*Peppered Cottons Collection.	

Please check our website for pattern updates before starting this project.

## Additional Supplies Needed

Batting: 80" x 100"  
(Recommended: Air Lite® Colour Me 100% Cotton)  
Sewing and Quilting thread  
Sewing and Quilting supplies

Quilt size: 72" x 92"

Skill Level: Advanced Beginner

Quilt designed by Denise Russell

## Fabrics in the Collection



6340P-99 Panel - Black



6339P-35 Placemats - Pumpkin



6329-99 Sunflower  
Flourish - Black



6330-33 Berries  
Cream



6332-33 Chinese  
Lanterns - Cream



6333-35 Plaid  
Pumpkin



6334-44 Flourish  
Gold



6334-83 Flourish  
Russet



6335-68 Leaves  
Forest



6335-89 Leaves  
Burgundy



6336-99 Pumpkins  
Black



6337-99 Large  
Sunflowers - Black



6338-33 Small Flowers  
Cream

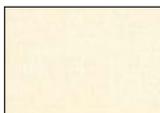


6341-99 Border Stripe - Black

Selected fabrics from the  
Peppered Cottons collection



Green Tea - 22



Vanilla - 46



Deep Space - 98

# Cutting

## Cutting Instructions

Please note: All strips are cut across the width of the fabric (WOF) from selvage to selvage unless otherwise noted. (WOF = Width of Fabric, LOF = Length of Fabric).

### Fabric A (6340P-99 Autumn Flourish Panel – Black):

\*Trim panel to 21-1/2" x 41-1/2".

### Fabric B (6333-35 Plaid – Pumpkin), cut:

\* (4) 1-1/2" x WOF strips for border 3.

### Fabric C (6338-33 Small Flowers – Cream), cut:

\* (2) 2-1/2" x WOF strips. Sub-cut twenty-four 2-1/2" squares.

### Fabric D (6336-99 Pumpkins – Black), cut:

\* (5) 4-1/2" x WOF strips for border 4.

### Fabric E (Peppered Cottons – 46 Vanilla), cut:

\* (6) 2-1/2" x WOF strips. Sub-cut eighty-four 2-1/2" squares.

\* (2) 5-3/4" x WOF strips. Sub-cut twelve 5-3/4" squares.

### Fabric F (Peppered Cottons – 98 Deep Space), cut:

\* (4) 3-1/4" x WOF strips. Sub-cut forty-eight 3-1/4" squares.

\* (9) 2-1/2" x WOF strips for binding.

### Fabric G (6335-68 Leaves – Forest), cut:

\* (8) 4-1/2" x WOF strips for border 9.

### Fabric H (6334-83 Flourish – Russet), cut:

\* (7) 2-1/2" x WOF strips. Sub-cut 108 2-1/2" squares.

\* (2) 3-1/4" x WOF strips. Sub-cut twenty-four 3-1/4" squares.

\* (2) 5-3/4" x WOF strips. Sub-cut twelve 5-3/4" squares.

\* (4) 1-1/2" x WOF strips for border 1.

### Fabric I (Peppered Cottons – 22 Green Tea), cut:

\* (6) 6-1/2" x WOF strips. Sub-cut ninety-six 2-1/2" x 6-1/2" rectangles.

\* (5) 1-1/2" x WOF strips for border 5.

### Fabric J (6334-44 Flourish – Gold), cut:

\* (6) 2-1/2" x WOF strips. Sub-cut ninety-six 2-1/2" squares.

\* (2) 3-1/4" x WOF strips. Sub-cut twenty-four 3-1/4" squares.

\* (4) 1-1/2" x WOF strips for border 2.

\* (13) 2" x WOF strips for borders 6 and 8.

## Block Assembly

1. Mark two diagonal lines on the wrong side of the 5-3/4" Fabric E squares (a). Layer a marked Fabric E square atop a 5-3/4" Fabric H square. Stitch 1/4" on each side of the marked lines (b), cut vertically and horizontally to make four equal squares (c), then cut each square on the drawn lines to make eight half-square triangles (d). Press open and trim dog ears (*figure 1*). Repeat with the remaining Fabrics E and H squares to make a total of ninety-two 2-1/2" half-square triangles (HST).

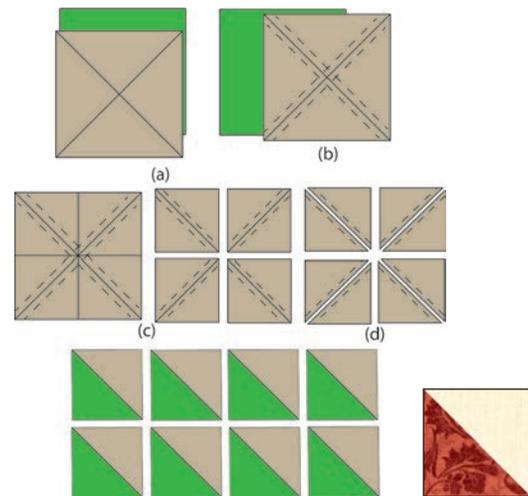


Figure 1 – Make (92) 2-1/2" HST.

2. Repeat Step 1 with the twenty-four 3-1/4" Fabric J and Fabric H squares, and forty-eight Fabric F squares to make forty-eight HST of each type (*figure 2*).



Figure 2 – Make (48) of each type.

# Sewing

3. Draw a diagonal line on the wrong side of one Step 2 Black/Gold HST. Place the marked HST atop a Step 2 Black/Red HST, right sides together and opposite fabrics facing. Stitch  $\frac{1}{4}$ " on each side of the marked line. Cut on the drawn line to make two Hourglass units (*figure 3*). Press the seam allowance to one side. Repeat this step with the remaining HST units to make a total of ninety-six  $2\text{-}\frac{1}{2}$ " units.

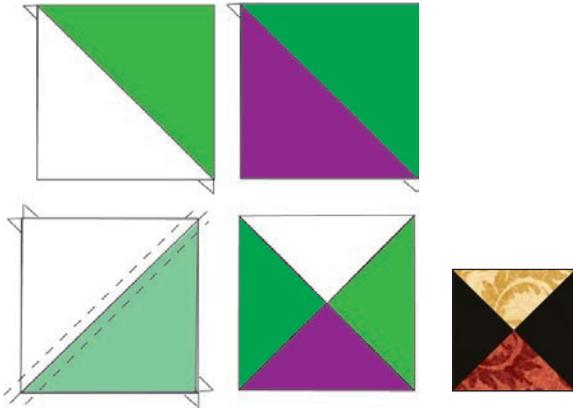


Figure 3 – Make (96)  $2\text{-}\frac{1}{2}$ " units.

4. Noting fabric orientation, sew two Step 3 units to opposite sides of a  $2\text{-}\frac{1}{2}$ " Fabric C square. Press the seams toward the center. Repeat to make twenty-four strips A. Sew a  $2\text{-}\frac{1}{2}$ " Fabric J square to opposite sides of the remaining Step 3 units. Press the seams away from the center. Repeat to make forty-eight strips B. Sew one strip B to the top and one to the bottom of the strips A and press the seams in one direction (*figure 4*). Make a total of twenty-four  $6\text{-}\frac{1}{2}$ " units.

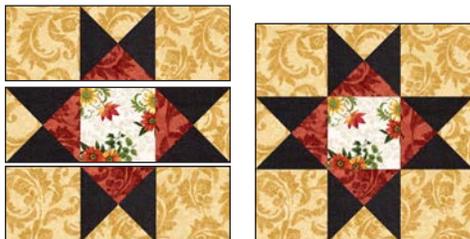


Figure 4 – Make (24)  $6\text{-}\frac{1}{2}$ " units.

5. Draw a diagonal line on the wrong side of 104  $2\text{-}\frac{1}{2}$ " Fabric H squares. With right sides together, place one marked Fabric H square on a short end of a  $2\text{-}\frac{1}{2}$ " x  $6\text{-}\frac{1}{2}$ " Fabric I rectangle and stitch on the drawn line. Repeat with the opposite corner of the same

rectangle. Trim seam allowances to  $\frac{1}{4}$ " and press open. Make forty-eight  $2\text{-}\frac{1}{2}$ " x  $6\text{-}\frac{1}{2}$ " units W.

Similarly, mark the  $2\text{-}\frac{1}{2}$ " Fabric E squares and, using the leftover marked  $2\text{-}\frac{1}{2}$ " Fabric H squares and  $2\text{-}\frac{1}{2}$ " x  $6\text{-}\frac{1}{2}$ " Fabric I rectangles, make four units X, four units Y, and forty units Z (*figure 5*).

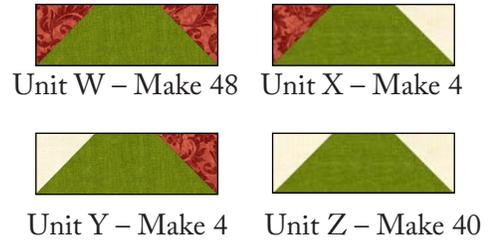
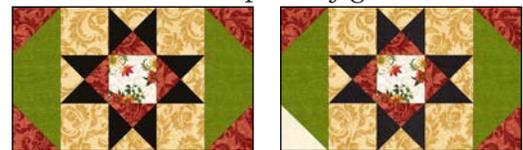


Figure 5

6. Sew one Step 5 Unit W to opposite sides of a Step 4 unit. Press the seams away from the center. Repeat to make twenty block center strips A1. Sew one Step 5 Unit W to the right side of the remaining four Step 4 units and one Step 5 Unit Y to the left side to make four corner block center strips B1 (*figure 6*).



Make (20) strips A1    Make (4) strips B1  
Figure 6

7. Sew a Step 1 HST to opposite sides of the Step 5 Units Z. Press the seams to the center. Repeat to make forty strips. Sew one strip to the top and one to the bottom of the Step 6 strips A1 to make twenty  $10\text{-}\frac{1}{2}$ " blocks (*figure 7*). Press the seams in one direction.



Figure 7 – Make (20)  $10\text{-}\frac{1}{2}$ " blocks.

8. Working with the remaining Step 1 HST, the Step 5 units W, X, Y, and four  $2\text{-}\frac{1}{2}$ " Fabric H squares, make

## Sewing

the top and bottom strips and sew them to the Step 6 strips B1 to make four 10-1/2" corner blocks (*figure 8*).

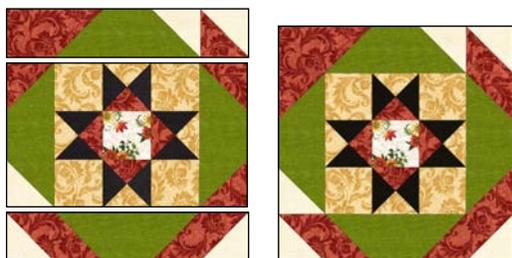


Figure 8 – Make 4.

### Quilt Top Assembly

*(Follow the quilt diagram and photograph while assembling the quilt top.)*

9. For border 1, trim two 1-1/2" Fabric H strips at 41-1/2" and sew one to each side of the panel. Press the seams toward the border strips. Measure the width of the quilt top through the center. Cut two border strips that length and sew one to the top and one to the bottom. Press the seams toward the borders.

10. For border 2, sew the four 1-1/2" Fabric J strips together end to end using diagonal seams. Measure the vertical length of the quilt top through the center and cut two border strips that length. Sew one strip to each side of the quilt top. Measure the width of the quilt top through the center. Cut two border strips that length and sew one to the top and one to the bottom. Press the seams toward the borders.

11. Repeat Step 10 with the four 1-1/2" Fabric B strips to make and add border 3.

12. Repeat Step 10 with the five 4-1/2" Fabric D strips to make and add border 4.

13. Repeat Step 10 with the five 1-1/2" Fabric I strips to make and add border 5.

14. Repeat Step 10 with the 2" Fabric J strips to make and add border 6. The quilt measures 40-1/2" x 60-1/2" up to here. Save remaining long strip for border 8.

15. For border 7 and referring to the quilt photo for block orientation, arrange six Step 7 blocks for each side of the quilt. Sew blocks together and sew one border strip to each side of the quilt center. Press the seam toward the quilt center. Repeat with the Step 8 corner blocks and the remaining Step 7 blocks and sew one border strip to the top and one to the bottom of the quilt. Press the seams toward the quilt center.

16. Repeat Step 10 with the 2" Fabric J leftover strip to add border 8.

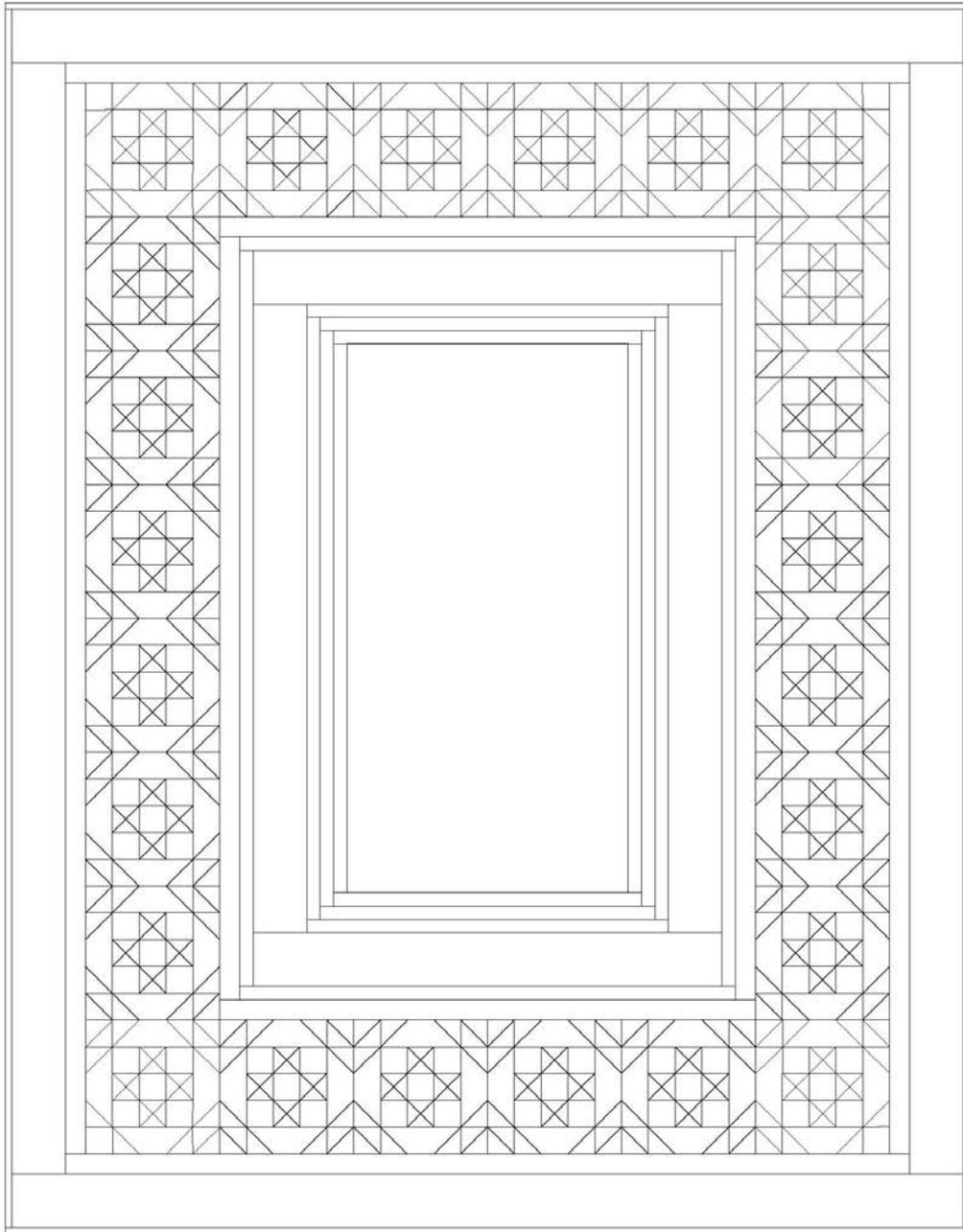
17. Repeat Step 10 with the eight 4-1/2" Fabric G strips to make and add border 9.

### Layering, Quilting, and Finishing

18. Create a quilt sandwich with the batting between the quilt top and the backing. Pin or baste layers together, mark quilting design, and quilt by hand or machine. When quilting is complete, remove pins or basting and trim batting and backing even with raw edges of the quilt top.

### Binding

19. Join the nine 2-1/2" Fabric F binding strips together end to end using a diagonal seam to make one long strip. Fold in half lengthwise and press. Sew binding to the edges of the quilt top, mitering corners, and overlapping ends. Fold binding to the back of the quilt and stitch it in place by hand to finish.



Quilt Diagram

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