



Finished Size of Project: 34" x 40" (0.86m x 1.02m)

Finished Block Size: 8" x 10" (20.32cm x 25.40cm)

Fabric Collection Name & Fabric Designer: **Coastal Guardians by City Art Studio**

Technique: **Pieced and Machine Appliqué**

Designed by: **Denise Russell of Pieced Brain**

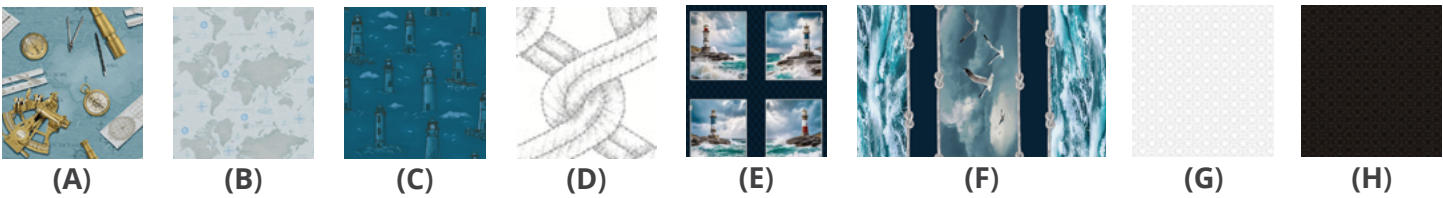
Skill Level: **Advanced Beginner**

Tech Edited by: **Julie Kentner**

Fabric Requirements

DESIGN	COLOR	ITEM ID	YARDAGE
(A) Nautical Instruments	Blue/ Multi	2192-73	⅓ yard (0.30m)
(B) Map	Grey	2194-90	⅓ yard (0.30m)
(C) Monochromatic Lighthouses	Blue	2195-77	¼ yard (0.23m)
(D) Twisted Rope	White/Grey	2196-09	½ yard (0.46m)
(E) Lighthouse Blocks	Blue/Multi	2197B-70	⅔ yard (0.61m)
(F) Border Stripe	Blue/ White	2198-70	1 yard (0.91m)
(G) Modern Melody Basics	White	1063-01W-White	¼ yard (0.23m)
(H) Modern Melody Basics	Black	1063-99-Black*	½ yard (0.46m)

* includes binding



Backing (Purchased Separately)

44" (1.12m) wide			
Nautical Instruments	Blue/ Multi	2192-73	2¾ yard (2.51m)
OR			
108" (2.74m) wide			
Stitched Braid 108"	Grey	2155-90	1⅜ yard (1.26m)



Additional Materials:

- 100% Cotton Thread
- Template Plastic or Cardboard
- Fusible Web
- Monofilament or Coordinating Thread for Appliqué
- 42" x 48" (1.07m x 1.22m) Batting

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Cutting

Notes:

- Please check www.henryglassfabrics.net for pattern updates prior to starting the project.
- Strips are cut across the width of fabric (WOF) from selvage to selvage edge unless otherwise noted. LOF = Length of Fabric
- Label cut pieces with letter identifier for easier assembly.
- Appliqué Shapes are applied using fusible web. Refer to page 4 for instructions on how to cut the shapes using the templates listed below.

Fabric A, cut:

(8) Template 2 Appliqué Shapes

Fabric B, cut:

(8) Template 1 Appliqué Shapes

Fabric C, cut:

(4) 1½" x WOF (Border 3)

Fabric D, cut:

(2) 8½" x WOF; subcut

(4) 8½" x 10½" rectangles

Fabric E, fussy cut:

(5) 8½" x 10½" rectangles, centering over images

Fabric F, fussy cut:

(4) 3½" x LOF, centering over the seagull motif (Border 2)*

*Cut strips on the length of fabric.

Fabric G, cut:

(4) 1½" x WOF (Border 1)

Fabric H, cut:

(5) 2½" x WOF (Binding)

Fusible Web

Prepare the applique shapes by first tracing Templates 1 and 2 (pages 8-9) onto template plastic or cardboard, making sure to label each piece. Cut on the outline. Trace each template onto the smooth side of the fusible web (8) times (**Fig. 1**). Cut $\frac{1}{8}$ " outside of the outline, then cut out the center of the fusible web, inside of the shape, leaving about $\frac{3}{8}$ " near the edges, making them hollow to ensure a softer hand (**Fig. 1a**).

Following the manufacturer's directions, fuse (8) Template 1 shapes on the wrong side of **Fabric B** and (8) Template 2 shapes on the wrong side of **Fabric A**. Cut them out on the line and remove paper backing.

Fig. 1

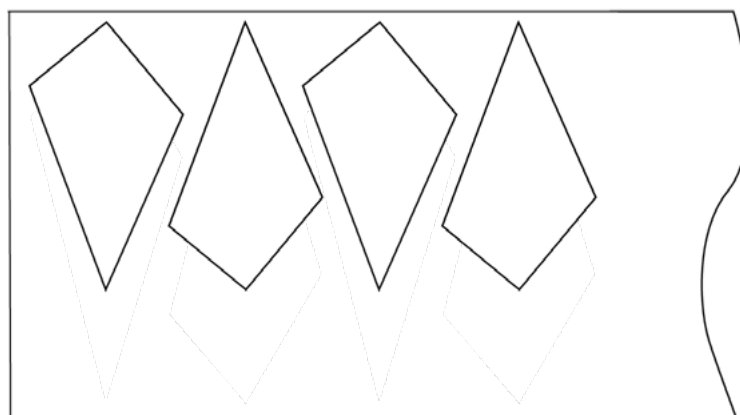
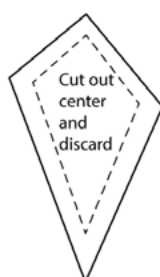


Fig. 1a



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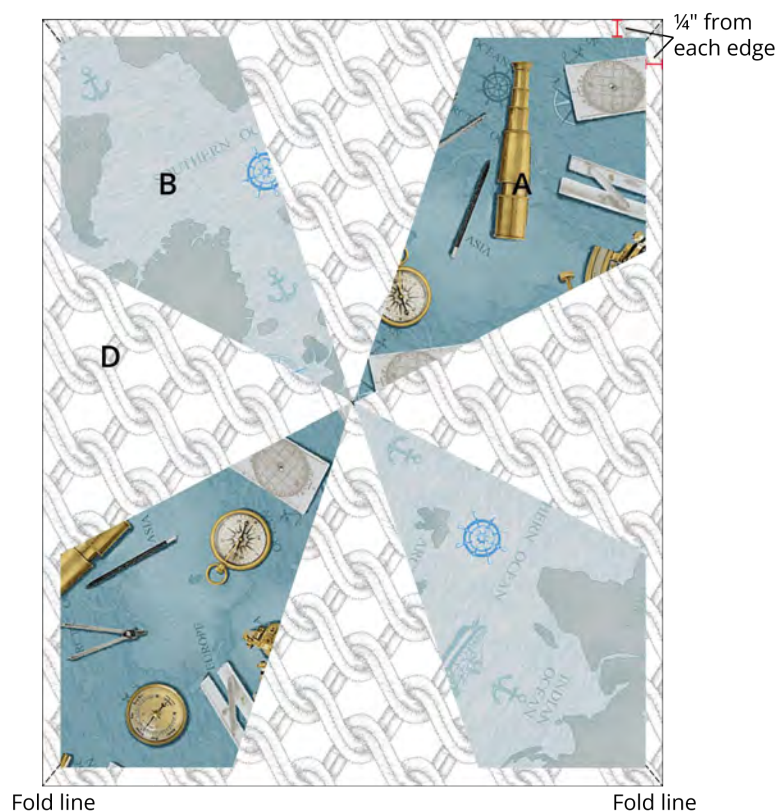
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Sewing

Notes:

- All seam allowances are $\frac{1}{4}$ " (0.64cm).
 - Sew pieces with right sides together (RST) using neutral or coordinating thread.
 - Press seam allowances open unless otherwise indicated.
1. Fold (4) $8\frac{1}{2}$ " x $10\frac{1}{2}$ " **Fabric D** rectangles diagonally twice and finger-press the folds. Using the fold lines as guides, place (1) **Fabric A** shape on the top-right and (1) **Fabric A** shape on the bottom-left corners of the rectangle, points touching at the center. *The corners will be $\frac{1}{4}$ " away from the raw edges of the rectangle.* Repeat with (2) **Fabric B** shapes, placing them on the top-left and bottom-right corners. Fuse shapes in place. Appliqué around the shapes using monofilament or a coordinating thread and a tiny zigzag stitch. Repeat to make (4) $8\frac{1}{2}$ " x $10\frac{1}{2}$ " blocks. (**Fig. 2**)

Fig. 2



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Top Assembly

- Referring to the **Quilt Layout** diagram for block placement, lay out (3) rows of (3) blocks each, alternating Appliqué and **Fabric E** blocks. Sew blocks together in each row. Press Rows 1 & 3 one direction and Row 2 in the opposite direction. Nesting adjacent seams, sew rows together. Press seams in one direction.
- For Border 1, measure the vertical length of the quilt top through the center and cut (2) 1½" x WOF **Fabric G** border strips to that length. Sew (1) strip to the left and (1) to the right sides of the quilt top. Press seams toward the borders. Measure the width of the quilt top through the center and cut (2) 1½" x WOF **Fabric G** border strips to that length. Sew (1) to the top and (1) to the bottom of the quilt. Press seams toward the borders.
- Repeat Step 3 with (4) 3½" x LOF **Fabric F** strips to make and add Border 2.
- Repeat Step 3 with (4) 1½" x WOF **Fabric C** strips to make and add Border 3.

Finishing

- Sew together (5) 2½" x WOF **Fabric H** binding strips end to end using diagonal seams. Press seams open. Press the binding strip in half with wrong sides together and set aside until the quilt is ready for binding.
- Once the top is complete it is ready for quilting! Quilts can be sent out for longarm quilting or you can quilt it yourself. If you are sending the quilt out, it is important to discuss backing and batting requirements with the quilter to ensure they have everything needed to properly finish the quilt.
- If quilting yourself and using 44" fabric for backing, choose your favorite method for piecing (taking time to remove selvages), then layer, baste and quilt. Once finished, trim excess batting and backing and bind according to your favorite method.
- To complete binding by hand, it must first be machine sewn to the quilt top. Leaving an 8" tail of binding, sew binding to top of quilt through all layers, matching raw edges. Miter corners. Stop approximately 12" from where you started. Lay both loose ends of binding flat along quilt edge. Where the two loose ends meet, fold each side back on themselves and press to form a crease. Using this crease as your stitching line, sew the two open ends of the binding together right sides together. Trim seam to ¼" and press seam open. The binding will naturally fold, wrong sides together, and lay along the quilt edge. Finish sewing binding to quilt. Turn and press the binding to the back of the quilt and hand stitch in place.
- If machine binding, complete the steps above only attach the binding to the BACK of the quilt, turn and press to the front of the quilt and machine stitch in place.

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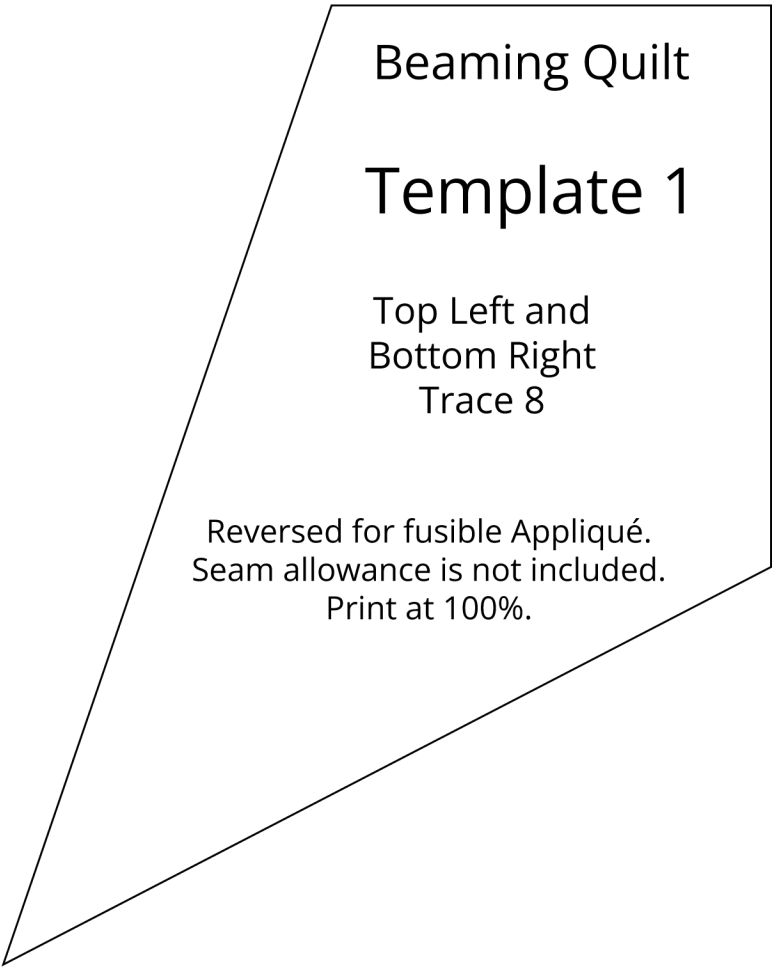
Quilt Layout



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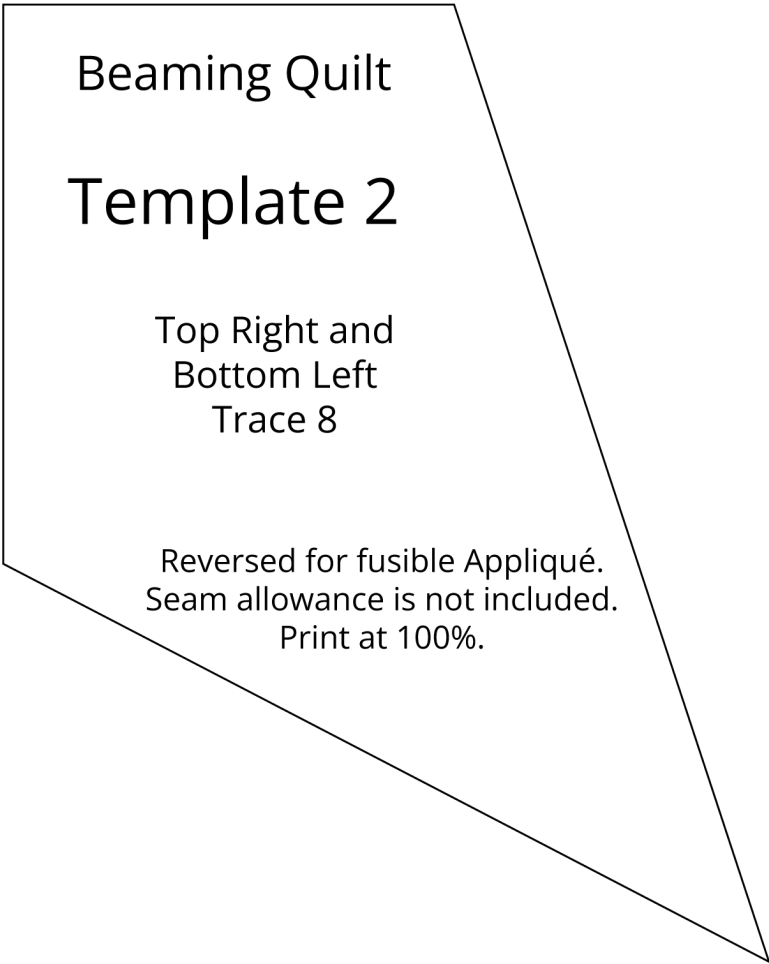
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This square should
measure 1" x 1"
(2.54cm x 2.54cm)
when printed.

*** Measure templates before cutting to confirm printing at 100%***

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